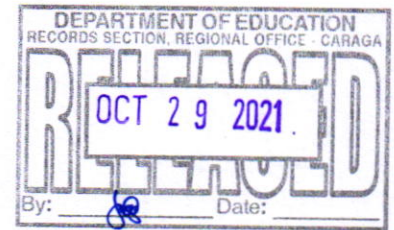




Republic of the Philippines  
**Department of Education**  
CARAGA REGION



October 27, 2021

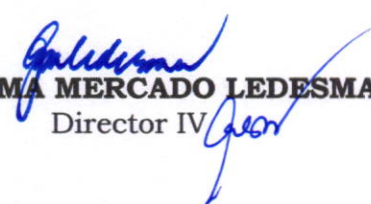
REGIONAL MEMORANDUM

No. 854, s. 2021

To: SCHOOLS DIVISION SUPERINTENDENTS  
This Region

INVITATION OF SELECTED SCHOOLS TO PARTICIPATE IN THE MENTAL HEALTH  
AND PSYCHOLOGICAL SUPPORT (MHPSS) PREPARATION FOR THE  
IMPLEMENTATION OF LIMITED FACE-TO-FACE  
LEARNING MODALITY

1. Pursuant to the Office of the Undersecretary for Administration (OUA) Memorandum No. 00-1021-0216, there shall be a Mental Health and Psychological Support Services (MHPSS) training to select schools for the implementation of limited face-to-face learning modality on November 3-9, 2021, via zoom and Facebook live.
2. Participants to this training are the following:
  - a. All Teachers (Kinder, Grades 1-3, SHS Only)
  - b. School and Division DRRM Coordinators
  - c. Personnel in charge of school clinics
  - d. Guidance Counsellors
  - e. Advocates/Teachers
  - f. School Heads
3. All participants are requested to join the private Facebook group at <https://bit.ly/MHPSSpilotF2F>, which will serve as the main communication channel for this activity.
4. Attached is copy of the said Memorandum for list of schools and activity details.
5. For your information and dissemination.

  
**MA. GEMMA MERCADO LEDESMA**  
Director IV

Encls.: As stated

Reference: OUA Memorandum No. 00-1021-0216

To be indicated in the Perpetual Index  
under the following subjects:  
MHPSS PILOT FACE-TO-FACE

ESS/jcc  
10/27/2021



Address: J.P. Rosales Avenue,  
Butuan City  
Trunkline No: (085) 342-8207  
Telefax No: (085) 342-5969  
Email: caraga@deped.gov.ph



2021-10-13571

Document Control No:  
DepEdRO13-F-REC-013/R3/02-18-2020



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Republika ng Pilipinas  
**Kagawaran ng Edukasyon**  
Tanggapan ng Pangalawang Kalihim

**OUA MEMO 00-1021-0216**  
**MEMORANDUM**  
25 October 2021

For: **Regional Directors**  
(Regions I, III, IV-A, V, VI, VII, VIII, IX, X, XI, XII, and XIII)

**Schools Divisions Superintendents Concerned**  
**Regional and Division DRRM Coordinators Concerned**  
**School Heads Concerned**

Subject: **CORRIGENDUM TO OUA MEMO 00-1021-0058 RE:  
INVITATION FOR TEACHERS OF SELECTED SCHOOLS TO  
PARTICIPATE IN THE MENTAL HEALTH AND PSYCHOSOCIAL  
SUPPORT (MHPSS) PREPARATION FOR THE IMPLEMENTATION  
OF LIMITED FACE-TO-FACE LEARNING MODALITY**

This refers to the Office of the Undersecretary for Administration (OUA) Memorandum No. 00-1021-0058 titled *Invitation for Teachers of Selected Schools to Participate in the Mental Health and Psychosocial Support (MHPSS) Preparation for the Implementation of Limited Face-to-Face Learning Modality*. Kindly note that there have been changes in the training modality and list of participants for the capacity building sessions. Please refer to **Annex A** for more details.

The following are additional guidelines on the abovementioned activity:

1. Participants must register in the links provided. Teachers who will participate in the learning sessions must have a designated substitute to ensure continuous conduct of classes.
2. All schools must be represented in the MHPSS Learning Sessions. **Annex B** contains the list of identified schools participating in the pilot implementation of limited face-to-face learning modality commencing on 15 November 2021.
3. In line with the MHPSS preparations for pilot implementation of limited face-to-face learning modality, the following are requested to join the private Facebook group at <https://bit.ly/MHPSSpilotF2F> :



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**Office of the Undersecretary for Administration (OUA)**

[Administrative Service (AS), Information and Communications Technology Service (ICTS), Disaster Risk Reduction and Management Service (DRRMS), Bureau of Learner Support Services (BLSS), Baguio Teachers Camp (BTC), Central Security & Safety Office (CSSO)]

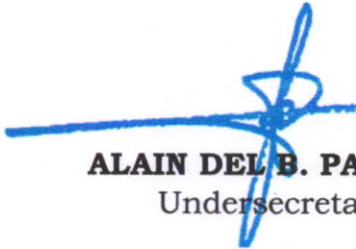
Department of Education, Central Office, Meralco Avenue, Pasig City  
Rm 519, Mabini Bldg; Mobile: +639260320762; Tel: (+632) 86337203, (+632) 86376207  
Email: usec.admin@deped.gov.ph; Facebook/Twitter @depedtayo



- a. All Teachers (Kinder, Grades 1-3, SHS Only)
  - b. School DRRM Coordinators
  - c. Personnel in charge of school clinics
  - d. Guidance Counselors
  - e. Advocates/Teachers
  - f. School Heads from the select schools for the pilot implementation
  - g. Regional and Division DRRM Coordinators
4. The said Facebook group shall serve as the main communication channel for MHPSS capacity building efforts for the pilot implementation. Only requests with complete answers to the screening questions for the Facebook group will be accepted.

For more information, questions and concerns on this subject, kindly contact the Disaster Risk Reduction and Management Service (DRRMS) through email at [drmo+mhpss@deped.gov.ph](mailto:drmo+mhpss@deped.gov.ph).

For information and guidance.

  
**ALAIN DEL B. PASCUA**  
Undersecretary



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## Annex A

### Changes in Training Modality and New List of Participants for MHPSS Learning Sessions

| Date and Time                                       | Activities                                                                                                            | Previous List of Target Participants                                                                                                                                                                            | New List of Target Participants                                                                                | Platform                                                                        | Registration Link                                                                               |
|-----------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------|
| <b>03 November 2021</b><br>(8:00 a.m.– 3:00 p.m.)   | Learning Session on Psychological First Aid and Discussion on School Referral System                                  | <ul style="list-style-type: none"> <li>• Teachers</li> <li>• School Health Personnel</li> <li>• Guidance Counselors</li> <li>• Advocates</li> <li>• School DRRM Coordinators</li> <li>• School Heads</li> </ul> | <b>Any two (2) Representatives from the School chosen by School Head who will be designated to provide PFA</b> | Synchronous via Zoom                                                            | <a href="https://bit.ly/F2FMHPSSTrainingDay1">https://bit.ly/F2FMHPSSTrainingDay1</a>           |
| <b>04 November 2021</b>                             | Learning Session on Whole-of-School Approach on Mental Health and the Conduct of Safe Psychosocial Support Activities | <ul style="list-style-type: none"> <li>• Teachers</li> <li>• School Health Personnel</li> <li>• Guidance Counselors</li> <li>• Advocates</li> <li>• School DRRM Coordinators</li> <li>• School Heads</li> </ul> | <b>Open to all in the Facebook Group</b>                                                                       | Asynchronous via post on Facebook Group; Materials will be posted at 10:00 a.m. | *No registration is required, instructions will be provided through the post                    |
| <b>05 and 08 November 2021</b><br>(8:00-11:30 a.m.) | Learning Session on Conducting Psychosocial Support Activities in the Classroom                                       | Teachers                                                                                                                                                                                                        | <b>Kinder, Grades 1-3, and SHS Teachers</b>                                                                    | Synchronous via limited Facebook Live                                           | <a href="https://bit.ly/F2FMHPSSTrainingDay3">https://bit.ly/F2FMHPSSTrainingDay3</a>           |
| <b>09 November 2021</b><br>(8:00 a.m.– 12:00 noon)  | Orientation on the Psychosocial Activity Pack                                                                         | Teachers                                                                                                                                                                                                        | <b>Kinder, Grades 1-3, and SHS Teachers</b>                                                                    | Synchronous via limited Facebook Live                                           | <a href="https://bit.ly/PSActivityPackOrientation">https://bit.ly/PSActivityPackOrientation</a> |

#### Important Reminders:

1. The meeting link information will only be provided to registered participants.
2. Previously registered participants must register again, given that the link has been reset.



## Annex B

### List of Participating Schools for the Pilot Implementation of Limited Face-to-Face Learning Modality

| Region | School Name                    | School ID | Municipality     | Province      |
|--------|--------------------------------|-----------|------------------|---------------|
| I      | Longos ES                      | 107998    | City of Alaminos | Pangasinan    |
|        | Alao-ao ES                     | 100044    | Bangui           | Ilocos Norte  |
|        | Padaggan ES                    | 100054    | Bangui           |               |
|        | Bicbica PS                     | 100236    | Pinili           |               |
|        | Buanga ES                      | 100237    | Pinili           |               |
|        | Godogod ES                     | 100143    | Pinili           |               |
|        | Dumalneg ES                    | 100050    | Dumalneg         |               |
|        | Dumalneg NHS                   | 300017    | Dumalneg         |               |
|        | San Isidro ES                  | 150011    | Marcos           |               |
|        | Cacafean ES                    | 100055    | Marcos           |               |
| III    | San Marcelino NHS              | 301030    | San Marcelino    | Zambales      |
|        | Burgos ES                      | 160523    | Botolan          |               |
|        | Owaog-Nebloc ES                | 101788    | Botolan          |               |
|        | Moraza ES                      | 281505    | Botolan          |               |
|        | Belbel ES                      | 281504    | Botolan          |               |
|        | Maguisguis IS                  | 500479    | Botolan          |               |
|        | Nacolcol IS                    | 501223    | Botolan          |               |
|        | Palis IS                       | 281503    | Botolan          |               |
|        | Baliwet ES                     | 106943    | San Marcelino    |               |
|        | Banawen ES                     | 160520    | San Felipe       |               |
| IV-A   | Lagmak ES                      | 108709    | General Nakar    | Quezon        |
|        | Lumutan ES                     | 108711    | General Nakar    |               |
|        | Dinigman ES                    | 108707    | General Nakar    |               |
|        | Pablo D. Maningas NHS          | 301315    | Quezon           |               |
|        | Tamulaya ES                    | 109050    | Polilo           |               |
| V      | Sinalongan ES                  | 113711    | Masbate City     | Masbate       |
|        | Gutusan ES                     | 231501    | Masbate City     |               |
|        | Mary B. Perpetua NHS           | 309908    | Milagros         |               |
| VI     | Mayabay ES                     | 178516    | Barbaza          | Antique       |
|        | Igsoro ES                      | 114990    | Bugasong         |               |
|        | Laserna IS                     | 501182    | Nabas            | Aklan         |
| VII    | Basak ES                       | 119604    | Samboan          | Cebu          |
|        | Mahanlud ES                    | 119444    | Malabuyoc        |               |
|        | Cabagdalan ES                  | 119021    | Balamban         |               |
|        | Luyongbaybay ES                | 187017    | Bantayan         |               |
|        | Cañang-Marcelo Luna NHS        | 312426    | Oslob            |               |
|        | Busay NHS                      | 302926    | Moalboal         |               |
|        | Pilar NHS                      | 303073    | Pilar            |               |
|        | Siocon ES                      | 119113    | Bogo City        |               |
| VIII   | Palo I CS                      | 121743    | Palo             | Leyte         |
|        | Bato CS                        | 121061    | Bato             |               |
|        | Dolho ES                       | 121064    | Bato             |               |
|        | Dawo IS                        | 500674    | Calbayog City    | Western Samar |
|        | Macatingog IS                  | 500239    | Calbayog City    |               |
|        | Mawacat ES                     | 124068    | Calbayog City    |               |
|        | Pilar National Agricultural HS | 303648    | Calbayog City    |               |
|        | Motiong CES                    | 123642    | Motiong          |               |



|      |                                               |        |                              |                   |
|------|-----------------------------------------------|--------|------------------------------|-------------------|
|      | San Sebastian CES                             | 123721 | San Sebastian                | Samar (Western)   |
|      | Clarence Calagos Memorial School of Fisheries | 303599 | Santa Margarita              |                   |
| IX   | Siloh ES                                      | 125839 | Siay                         | Zamboanga Sibugay |
|      | San Vicente ES                                | 125777 | Payao                        | Zamboanga Sibugay |
|      | Manga NHS                                     | 303904 | Pagadian City (Capital)      | Zamboanga del Sur |
|      | Manga ES                                      | 126065 | Pagadian City (Capital)      |                   |
|      | Lala ES                                       | 126073 | Pagadian City (Capital)      | Zamboanga del Sur |
|      | Sominot NHS                                   | 303817 | Sominot (Don Mariano Marcos) |                   |
|      | Tabina ES                                     | 125415 | Tabina                       |                   |
|      | Guipos NHS                                    | 303778 | Guipos                       |                   |
| X    | Dalama CES                                    | 126977 | Baroy                        | Lanao del Norte   |
|      | Babalaya ES                                   | 126938 | Bacolod                      |                   |
|      | Napo ES                                       | 127096 | Linamon                      |                   |
|      | Masibay IS                                    | 501600 | Nunungan                     |                   |
|      | Tambacon IS                                   | 500431 | Magsaysay                    |                   |
|      | Marcela T. Mabanta NHS                        | 304011 | Kauswagan                    |                   |
|      |                                               |        |                              |                   |
| XI   | Tacub ES                                      | 128919 | Kiblawan                     | Davao del Sur     |
|      | Clib PS                                       | 205018 | Hagonoy                      |                   |
|      | Nodilla ES                                    | 128912 | Kiblawan                     |                   |
|      | Zosimo S. Magdadadro NHS                      | 305510 | Kiblawan                     |                   |
|      | Parasan IS                                    | 128550 | Pantukan                     | Compostela Valley |
|      | Lower Panansalan ES (Jacinto Extension)       | 204008 | Compostela                   |                   |
|      | Maugat Elementary School                      | 204021 | Compostela                   |                   |
|      | Digaynon IS (Manurigao Extension)             | 204021 | Compostela                   |                   |
| XII  | Paco NHS                                      | 304668 | City of Kidapawan            | North Cotabato    |
|      | Bato ES                                       | 130108 | Makilala                     |                   |
|      | Nelmida Elementary School                     | 131411 | Koronadal City               | South Cotabato    |
|      | Ned National High School                      | 304551 | Lake Sebu                    |                   |
|      | Aspang High School                            | 304641 | Lake Sebu                    |                   |
| XIII | Sapao NHS (JHS w/ SHS)                        | 304785 | Santa Monica (Sapao)         | Surigao del Norte |
|      | Nonoc NHS                                     | 304804 | Surigao City (Capital)       |                   |
|      | San Jose ES                                   | 132259 | Surigao City (Capital)       |                   |
|      | Cawilan NHS                                   | 317810 | Tagana-an                    |                   |
|      | Lakandula NHS                                 | 304838 | Placer                       |                   |
|      | Lasicam-Perral NHS                            | 317804 | Gigaquit                     |                   |
|      | Balite NHS                                    | 304814 | San Francisco (Anao-Aon)     |                   |
|      | Alegria Stand Alone SHS                       | 340416 | Alegria                      |                   |
|      | Capalayan NHS                                 | 304802 | Surigao City (Capital)       |                   |
|      | Sugbay ES                                     | 132260 | Surigao City (Capital)       |                   |
|      | Anajawan ES                                   | 132145 | General Luna                 |                   |
|      | Dao PS                                        | 132151 | General Luna                 |                   |
|      | Mabuhay ES                                    | 132189 | Pilar                        |                   |
|      | Cabawa ES                                     | 132124 | Dapa                         |                   |



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**Kagawaran ng Edukasyon**  
Tanggapan ng Pangalawang Kalihim

**OUA MEMO 00-1021-0058**  
**MEMORANDUM**  
05 October 2021

For: **Regional Directors** (Regions V, VI, VII, IX, X, XII)

**Schools Divisions Superintendents Concerned**

(Masbate City, Masbate Province, Aklan, Antique, Bogu City, Cebu Province, Zamboanga City, Pagadian City, Zamboanga del Sur, Zamboanga Sibugay, Lanao del Norte, Cotabato, Kidapawan City, Sarangani)

**Regional and Division DRRM Coordinators Concerned**  
**School Heads Concerned**

Subject: **INVITATION FOR TEACHERS OF SELECTED SCHOOLS TO PARTICIPATE IN THE MENTAL HEALTH PSYCHOSOCIAL SUPPORT (MHPSS) PREPARATION FOR THE IMPLEMENTATION OF LIMITED FACE-TO-FACE LEARNING MODALITY**

In line with the Joint Memorandum Circular of the Department of Education (DepEd) and Department of Health (DOH) for the pilot implementation of face-to-face learning modality, the DepEd Disaster Risk Reduction and Management Service (DRRMS) will be conducting a series of **capacity building sessions** for teaching and non-teaching personnel on Psychological First Aid (PFA) and Psychosocial Support (PSS) in the classroom. Additionally, a **Psychosocial Activity Pack** will be developed for teachers to implement PSS activities during classes. These capacity building sessions are for personnel from the **identified 59 schools** (see Annex A) **for the pilot implementation of limited face-to-face learning modality**. Annex B contains the indicative schedule and registration details for the MHPSS preparation activities and specific target school personnel participants.

Before the trainings and orientation, and for a contextualized and collaborative personnel capacity building, the DRRMS will be conducting a **Focus**

**Office of the Undersecretary for Administration (OUA)**

[Administrative Service (AS), Information and Communications Technology Service (ICTS), Disaster Risk Reduction and Management Service (DRRMS), Bureau of Learner Support Services (BLSS), Baguio Teachers Camp (BTC), Central Security & Safety Office (CSSO)]

Department of Education, Central Office, Meralco Avenue, Pasig City  
Rm 519, Mabini Bldg; Mobile: +639260320762; Tel: (+632) 86337203, (+632) 86376207  
Email: [usec.admin@deped.gov.ph](mailto:usec.admin@deped.gov.ph); Facebook/Twitter @depedtayo



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**Group Discussion (FGD)** with teachers to consult and gather insights on classroom and learner experiences, and teachers' experiences in the conduct of psychosocial support.

Below are the target participants for the FGDs from the identified 59 schools:

| School             | Requested FGD Participants                                    |
|--------------------|---------------------------------------------------------------|
| Elementary School  | 2 teachers<br>(either from Kinder to Grade 3 level)           |
| Senior High School | 2 teachers<br>(one Grade 11 teacher and one Grade 12 teacher) |

The participants for the FGD should meet the criteria indicated in Annex C, and shall be recommended by the school heads, for the approval of the division and regional office. Confirmation of attendance of the FGD participants should be done via the registration form in Annex B on or before **October 11, 2021, Monday**.

The initial schedule of the FGD is rescheduled from October 08, 2021 to **October 12, 2021, Tuesday**. See Annex D for the schedule and registration details of FGDs.

Attached is the concept note of the MHPSS for pilot implementation of the limited face-to-face learning modality.

For more information, questions/clarifications, please contact Ms. Amina Aisa Boncales through email at [drmo+mhpss@deped.gov.ph](mailto:drmo+mhpss@deped.gov.ph).

Thank you.

  
**ALAIN DEL B. PASCUA**  
Undersecretary



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**Annex A.** List of Schools Identified for Pilot Implementation of Face-to-Face Learning Modality

|    | Region     | Division                | Municipality/City            | School Name                                       | School ID |
|----|------------|-------------------------|------------------------------|---------------------------------------------------|-----------|
| 1  | Region V   | SDO Masbate City        | CITY OF MASBATE (Capital)    | Asid Elementary School                            | 113686    |
| 2  | Region V   | Masbate City            | CITY OF MASBATE (Capital)    | Sinalongan Elementary School                      | 113711    |
| 3  | Region V   | Masbate city            | CITY OF MASBATE (Capital)    | Gutusan E/S                                       | 231501    |
| 4  | Region V   | SDO Masbate Province    | MILAGROS                     | Mary Perpetua Brioso NHS                          | 309908    |
| 5  | Region VI  | Aklan                   | NABAS                        | Lasema Integrated School                          | 501182    |
| 6  | Region VI  | ANTIQUE                 | BARBAZA                      | MAYABAY PRIMARY SCHOOL                            | 178516    |
| 7  | Region VI  | ANTIQUE                 | BUGASONG                     | IGSORO INTEGRATED SCHOOL                          | 114990    |
| 8  | Region VII | Bogo City               | CITY OF BOGO                 | Odlot National High School                        | 302937    |
| 9  | Region VII | City of Bogo            | CITY OF BOGO                 | Don Potenciano Catarata MNHS                      | 302933    |
| 10 | Region VII | CITY OF BOGO            | CITY OF BOGO                 | BARTOLOME C. PIAÑAR MEMORIAL NATIONAL HIGH SCHOOL | 312405    |
| 11 | Region VII | DepEd Bogo City         | CITY OF BOGO                 | SIOCON ELEMENTARY                                 | 119113    |
| 12 | Region VII | City of Bogo            | CITY OF BOGO                 | Combado Elementary School                         | 119106    |
| 13 | Region VII | Cebu Province           | MALABUYOC                    | Mahanlud Elementary School                        | 119444    |
| 14 | Region VII | Cebu Province           | BANTAYAN                     | Luyongbaybay Elementary School                    | 187017    |
| 15 | Region VII | Cebu Province           | OSLOB                        | Cafiang-Marcelo Luna National High School         | 312426    |
| 16 | Region VII | Cebu Province           | MOALBOAL                     | BUSAY NATIONAL HIGH SCHOOL                        | 302926    |
| 17 | Region VII | CEBU PROVINCE           | PILAR                        | PILAR NATIONAL HIGH SCHOOL                        | 303073    |
| 18 | Region VII | CEBU PROVINCE           | SAMBOAN                      | BASAK ELEMENTARY SCHOOL                           | 119604    |
| 19 | Region VII | CEBU PROVINCE           | BALAMBAN                     | CABAGDALAN ELEMENTARY SCHOOL                      | 119021    |
| 20 | Region IX  | ZAMBOANGA CITY          | ZAMBOANGA CITY               | SIBULAO NHS                                       | 303931    |
| 21 | Region IX  | Zamboanga City          | ZAMBOANGA CITY               | Manalipa Integrated School                        | 501110    |
| 22 | Region IX  | Zamboanga City          | ZAMBOANGA CITY               | Landang Gua National High School                  | 314803    |
| 23 | Region IX  | PAGADIAN CITY SDO       | PAGADIAN CITY (Capital)      | MANGA NATIONAL HIGH SCHOOL                        | 303904    |
| 24 | Region IX  | Zamboanga del Sur       | TABINA                       | Tabina Central Elementary School                  | 125415    |
| 25 | Region IX  | Zamboanga del Sur       | MOLAVE                       | PARASAN NHS                                       | 303816    |
| 26 | Region IX  | ZAMBOANGA DEL SUR       | GUIPOS                       | GUIPOS NATIONAL HIGH SCHOOL                       | 303778    |
| 27 | Region IX  | Zamboanga del sur       | MOLAVE                       | Blancia Central School                            | 125279    |
| 28 | Region IX  | Zamboanga del Sur       | SOMINOT (DON MARIANO MARCOS) | Sominot National High School                      | 303817    |
| 29 | Region IX  | Zamboanga Sibugay       | SIAY                         | Siay Central Elementary School                    | 125837    |
| 30 | Region IX  | Pagadian City           | PAGADIAN CITY (Capital)      | Manga Elementary School                           | 126065    |
| 31 | Region IX  | Pagadian City           | PAGADIAN CITY (Capital)      | Lala National High School                         | 303901    |
| 32 | Region IX  | Zamboanga del Sur       | KUMALARANG                   | Kumalarang National High School                   | 303784    |
| 33 | Region IX  | PAGADIAN CITY           | PAGADIAN CITY (Capital)      | LENIENZA ELEMENTARY SCHOOL                        | 126064    |
| 34 | Region IX  | ZAMBOANGA SIBUGAY       | SIAY                         | SILOH ELEMENTARY SCHOOL                           | 125839    |
| 35 | Region IX  | Pagadian City           | PAGADIAN CITY (Capital)      | Lala Elementary School                            | 126073    |
| 36 | Region IX  | Zamboanga Sibugay       | SIAY                         | Sibuguey Elementary School                        | 125838    |
| 37 | Region IX  | Zamboanga city          | ZAMBOANGA CITY               | Cadalagan Elementary School                       | 126136    |
| 38 | Region IX  | Zamboanga City          | ZAMBOANGA CITY               | Tolosa National High School                       | 303937    |
| 39 | Region IX  | Zamboanga City Division | ZAMBOANGA CITY               | PASILMANTA ELEMENTARY SCHOOL                      | 126168    |
| 40 | Region IX  | Zamboanga City          | ZAMBOANGA CITY               | Landang Gua Elementary School                     | 126159    |
| 41 | Region IX  | Zamboanga City Division | ZAMBOANGA CITY               | PANGANAK ELEMENTARY SCHOOL                        | 126167    |
| 42 | Region IX  | Zamboanga Sibugay       | PAYAO                        | San Vicente Elementary School                     | 125777    |
| 43 | Region IX  | ZAMBOANGA CITY          | ZAMBOANGA CITY               | SINUNUK ELEMENTARY SCHOOL                         | 126174    |
| 44 | Region IX  | Zamboanga City          | ZAMBOANGA CITY               | Tumalutab Elementary School                       | 126175    |
| 45 | Region X   | Lanao de Norte          | MAGSAYSAY                    | Tambacon Integrated School                        | 500431    |
| 46 | Region X   | LANAO DEL NORTE         | KAUSWAGAN                    | MARCELA T. MABANTA NHS                            | 304011    |
| 47 | Region X   | Lanao del Norte         | BACOLOD                      | Babalaya Elementary School                        | 126938    |



|    |            |                     |                             |                                          |        |
|----|------------|---------------------|-----------------------------|------------------------------------------|--------|
| 48 | Region X   | Lanao del Norte     | LINAMON                     | Napo Elementary School                   | 127096 |
| 49 | Region X   | Lanao del Norte     | NUNUNGAN                    | Masibay Integrated School                | 501600 |
| 50 | Region X   | SDO Lanao del Norte | BAROY                       | Dalana CES                               | 126977 |
| 51 | Region XII | Cotabato            | MAKILALA                    | Bato Elementary School                   | 130108 |
| 52 | Region XII | Sarangani           | MALLUNGON                   | Baliton Elementary School                | 130570 |
| 53 | Region XII | KIDAPAWAN CITY      | CITY OF KIDAPAWAN (Capital) | PACO NATIONAL HIGH SCHOOL                | 304668 |
| 54 | Region XII | Sarangani           | ALABEL (Capital)            | Pag-asa Integrated School                | 500255 |
| 55 | Region XII | Sarangani           | MAITUM                      | Magulang National High School            | 304532 |
| 56 | Region XII | Sarangani           | KIAMBA                      | James L Chiongbian National Trade School | 304529 |
| 57 | Region XII | SARANGANI           | MAASIM                      | COLON NATIONAL HIGH SCHOOL               | 304523 |
| 58 | Region XII | Sarangani           | MALLUNGON                   | Laniffew IP Integrated School            | 500715 |
| 59 | Region XII | Sarangani           | MALAPATAN                   | Daan Suyan Integrated School             | 500272 |

Note: Including schools not listed in the SRAT



**Annex B.** MHPSS Preparation Activities and Specific Target School Personnel Participants

| Date                     | Activities                                                                                                    | Type of Session        | Link                                                                                            | Target Participants                                                                                      |
|--------------------------|---------------------------------------------------------------------------------------------------------------|------------------------|-------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------|
| October 12, 2021         | Focus Group Discussion with Teachers                                                                          | Focus Group Discussion | <a href="https://forms.gle/CZBntkw6bWkSXUC77">https://forms.gle/CZBntkw6bWkSXUC77</a>           | Identified Teachers (see Annex C for more details)                                                       |
| November 03, 2021        | Training on Psychological First Aid and Discussion on School Referral System                                  | Training               | <a href="https://bit.ly/F2FMHPSSTrainingDay1">https://bit.ly/F2FMHPSSTrainingDay1</a>           | Teachers, School Health Personnel, Guidance Counselors/Advocates, School DRRM Coordinators, School Heads |
| November 04, 2021        | Training on Whole-of-School Approach on Mental Health and the Conduct of Safe Psychosocial Support Activities | Training               | <a href="https://bit.ly/F2FMHPSSTrainingDay2">https://bit.ly/F2FMHPSSTrainingDay2</a>           | Teachers, School Health Personnel, Guidance Counselors/Advocates, School DRRM Coordinators, School Heads |
| November 05 and 08, 2021 | Training on Conducting Psychosocial Support Activities in the Classroom                                       | Training               | <a href="https://bit.ly/F2FMHPSSTrainingDay3">https://bit.ly/F2FMHPSSTrainingDay3</a>           | Teachers                                                                                                 |
| November 09, 2021        | Orientation on the Psychosocial Activity Pack                                                                 | Orientation            | <a href="https://bit.ly/PSActivityPackOrientation">https://bit.ly/PSActivityPackOrientation</a> | Teachers                                                                                                 |

All participants are enjoined to sign up through the registration links provided.



**Annex C.** Requirements of teacher participants for Focus Group Discussion (FGD) and More Information on the FGD

The group of representative teachers should be characterized as follows:

1. One (1) teacher each per grade level: Kinder, Grades 1-3, Grades 11-12;
2. Have experienced facilitating psychosocial support activities indicated in the DFTC Memorandum No. 98, s. 2020, or the "New Schedule and Additional Guidelines on the Conduct of Mental Health and Psychosocial Support Services for the Opening of Classes, School Year 2020-2021", specifically the "Teachers' Activity Guides for Remote Psychosocial Support through Play for Elementary Learners", and the "Online and Self-guided PFA Modules: Supplemental to the SEES Manual";
3. Have a good internet connection and can accommodate a half-day online discussion.

The objectives of the FGD are as follows:

- To discuss teachers' thoughts and perceptions regarding MHPSS (i.e., their knowledge of it, their experience on it, their access to it),
- To gather insights from teachers on their experience of the pandemic and the distance learning modality and their current condition in its implementation as well as their experiences and challenges with the learners
- To consult teachers on how to improve the delivery of MHPSS to learners in the current state (i.e., remote), and in the upcoming Implementation of Pilot Face-to-Face learning modality;
- To gather insight about their experience with the use of the Remote Psychosocial Support materials from 2020;
- To discuss the impact of the Remote Psychosocial Support materials to the learners based on their local and contextualized experiences.





**MENTAL HEALTH AND PSYCHOSOCIAL  
SUPPORT SERVICES (MHPSS) PREPARATION  
FOR THE PILOT IMPLEMENTATION OF  
LIMITED FACE-TO-FACE LEARNING MODALITY  
Concept Note**

## **INTRODUCTION**

The Coronavirus Disease 2019 (COVID-19) pandemic crisis' effects are not limited to physical health-related concerns but are also significantly affecting the mental health and well-being of both adults and children worldwide. Such COVID-19-related mental health and psychosocial concerns include, but are not limited to, aggravation of stress, anxiety, and depressive symptoms, and increase in engagement on counterproductive coping due to the loss of social interaction and disrupted routines<sup>(1)(2)</sup>. Such mental health and well-being concerns are expected to rise as this isolation and detachment from physical social life continues and prolongs.

The COVID-19 pandemic inevitably caused the closure of schools. While the education sector was quick to adapt to this circumstance and migrate to distance learning, the emotional distress brought by the pandemic remains. For almost a year, education was implemented through a distance learning modality. Throughout this period, learners and personnel did not have physical interactions with friends and teachers. All these concerns have to be considered in the school re-entry of the learners.

On September 27, 2021, the Department of Education (DepEd) together with the Department of Health (DOH) conducted a ceremonial signing of Joint Memorandum Circular No. 01, s. 2021, entitled *Operational Guidelines on the Pilot Implementation of Limited Face-to-face Learning Modality*, which includes guidelines on well-being and protection strategies and the provision of psychosocial support to the learners, teachers, and personnel. These psychosocial support measures generally include: 1) implementation of an inter-sectoral referral system/mechanism for MHPSS service provision (e.g., Psychological First Aid (PFA), grief counseling); 2) maintained, manned, and operational guidance office for the facilitation of MHPSS services; 3) facilitation of classroom-based psychosocial support activities to learners in the first few days of school; 4) mobilization of PFA-trained personnel as indeed; 5) promotion of "school-life balance"; and 6) encouragement of opportunities for bereaved learners or families to mourn safely through innovative platforms (e.g., online burol, telepsychology/counseling).

The Disaster Risk Reduction and Management Service (DRRMS), in collaboration with partners and other offices, as part of its response to the crisis needs of learners and personnel then seek

1. "Mental Health and COVID-19," *World Health Organization*, accessed September 27, 2021, <https://bit.ly/2ZBKMD6>.
2. "Framework for reopening schools," *UNICEF*, June 2020, <https://www.unicef.org/documents/framework-for-reopening-schools>

to capacitate teaching and non-teaching personnel involved in the MHPSS services (e.g., classroom-based activities and PFA for learners and personnel) of its conduct, facilitation, and provision. The capacity building will include lectures and discussions.

## **OBJECTIVES**

The objectives of the provision of MHPSS services to learners and personnel following the guidelines for the pilot implementation of limited face-to-face learning modality are:

- To capacitate personnel in providing MHPSS (e.g., PFA, psychosocial activities) to learners and co-personnel in relation to the pilot reopening of classes;
- To ensure learning continuity by assisting learners in their healthy adjustment into the school community amid the pandemic and help address any mental health concerns that might arise in the adjustment process;
- To ensure the prioritization of learners' well-being in their reintegration into the school community;
- To empower schools in adapting the mental health referral system to address further MHPSS needs of learners and personnel

## **TARGET OUTPUTS**

The expected outputs of this program are:

- All 59 pilot schools chosen are oriented on the provision of MHPSS (e.g., PFA) to learners and personnel
- Teaching and non-teaching representatives from the 59 schools are trained on the conduct of PFA and oriented on the DepEd referral system
- Teaching personnel from the 59 schools are trained in developing and facilitating psychosocial support activities for learners
- One (1) psychosocial support Activity Pack developed per key stage identified for pilot implementation of limited face-to-face learning modality (K, 1-3, SHS)

## **TARGET PARTICIPANTS**

The target participants of the program include teaching and non-teaching personnel from the 59 identified schools for pilot implementation of limited face-to-face classes. This includes:

- Teachers
- School Health Personnel
- Guidance Counselors/Advocates
- School DRRM Coordinators
- School Heads

## TIMELINE AND SCHEDULES

Prior to the training program, a Focus Group Discussion with teachers will be conducted. The output from this FGD shall be used in drafting and crafting the Psychosocial Support Activity pack which will be used by the teachers on the first five (5) days of class reopening. The training programs will be conducted online via Zoom or limited Facebook Live, and are divided into three specific parts. Each part of the training program will have its own schedule accordingly which will run from November 3-5, 2021 while the release of and orientation on the Psychosocial Support Activity Pack will be on November 8, 2021. Consultations with Subject Matter Experts (e.g., clinical psychologists, child/developmental psychologists, psychological assessment experts, etc.) will also be conducted pre and post-training.

| Activity                                                                                                              | Schedule                                                         | Target Participants                                                                                      |
|-----------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------|
| Pre-training: Focused Group Discussion with Teachers                                                                  | October 12, 2021<br>(8:00 AM to 12:00 NN,<br>1:00 PM to 5:00 PM) | Teachers from identified pilot schools                                                                   |
| Drafting, Review, and Finalization of Psychosocial Support Activity Pack                                              | October 14 to 29, 2021                                           | Expert Psychologists, Graphic Designer, DRRMS, BCD, BLD                                                  |
| Part 1: Training on Psychological First Aid Training and Discussion on School Referral System                         | November 03, 2021<br>(8:00 AM to 3:00 PM)                        | Teachers, School Health Personnel, Guidance Counselors/Advocates, School DRRM Coordinators, School Heads |
| Part 2: Training on Whole-of-School Approach on Mental Health and The Conduct of Safe Psychosocial Support Activities | November 04, 2021<br>(8:00 AM to 12:00 NN)                       | Teachers, School Health Personnel, Guidance Counselors/Advocates, School DRRM Coordinators, School Heads |
| Part 3. Training on Conducting Psychosocial Support Activities in the Classroom                                       | November 05, 2021 and November 08, 2021<br>(8:00 to 11:30 AM)    | Teachers                                                                                                 |
| Post-training: Release and Orientation on Psychosocial Support Activity Pack                                          | November 09, 2021<br>(8:00 AM to 12:00 NN)                       | Teachers                                                                                                 |

## **ACTIVITIES**

### **Part 1. Training on Psychological First Aid and Discussion on School Referral System**

This involves lectures and discussions on the effects of the COVID-19 pandemic on the mental health of children and adolescents, mental health and psychosocial support concepts, core principles and actions on the conduct and provision of PFA to learners and personnel in the context of the pandemic and school reopening, and the activities involved in the mental health support service referral system/mechanism. The purpose of this training is to ensure that teaching and non-teaching personnel have the capacity to mitigate the potential of mental health concerns to rise through PFA and manage these concerns through a collaborative MHPSS referral system with other social service institutions.

### **Part 2. Training on the Whole-of-School Approach on Mental Health and The Conduct of Safe Psychosocial Support Activities**

This involves lectures and discussions on the whole-of-school approach in the implementation of mental health programs, as well as in safely facilitating psychosocial support activities within the classrooms and the school. The purpose of this training is to provide teaching and non-teaching personnel the basic foundational knowledge and skills in implementing their school mental health programs which include caring for the safety and well-being of both learners and personnel especially in the context of reopening of classes in the pandemic.

### **Part 3. Training on Conducting Psychosocial Support Activities in the Classroom**

This involves discussion, demonstration, and actual activities on classroom and school-based psychosocial support that teachers can do and facilitate with learners as well as personnel. The purpose of this is to provide teachers a better understanding and grasp of the process of facilitating psychosocial support activities in the classroom as well as observing learners' psychosocial needs and concerns that require referral to higher-level psychosocial support.

### **Psychosocial Activity Pack**

The Psychosocial Activity Pack contains at least 10 suggested activities for teachers to conduct during the 1-hour psychosocial support activity and COVID-19 preventive measures discussion period in the first 5 days of school and during interval periods between classes. A Psychosocial Activity Pack will be made for each Key Stage identified for pilot implementation of limited face-to-face learning modality (Kinder, Grades 1-3, SHS). Each activity will cover the following contents:

I. Summary Table

| Objectives                                                                            | Activity Title and Description                                                                                                                                                    | Rationale                                                                                                                                  | Dimensions of Intervention                                                                                        |
|---------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------|
| This will cover the specific objectives of the activity                               | This portion covers the activity title and a brief description of the activity.                                                                                                   | This describes the rationale behind the activity. This is based on evidence from research.                                                 | This part covers the dimensions of intervention or developmental areas tapped during the conduct of the activity. |
| <i>Example: For Learners to regain confidence with schoolmates and school spaces.</i> | <i>Example: <u>Free Play</u><br/>This activity encourages children to use their imagination and freedom of expression. Play has benefits for children in dealing with stress.</i> | <i>Example: Play is a key component of childhood development and can support coping capabilities (Capurso and Ragni, 2016; Gray, 2015)</i> | <i>Example: Social, Emotional, Creative</i>                                                                       |

- II. Materials Needed
- III. Duration
- IV. Activity Instructions
- V. Processing Questions
- VI. Feedback Tool

The last few pages of the Psychosocial Activity Pack will cover summary points from the discussion of PSS in the Classroom. This will allow teachers and school personnel to have a quick reference on how to sustain the conduct of psychosocial activities beyond the suggested activities in the pack. On the very last page of the Psychosocial Activity Pack, a prompt will be provided for teachers to answer an online journal. This online journal covers the reflections and observations of the teachers in conducting the activities. Their insights and feedback will help improve the Psychosocial Activity Pack implementation for the full conduct of face-to-face classes.

After the development of the Psychosocial Activity Pack, an orientation will be provided to the teachers.

## INDICATIVE PROGRAM

| November 03, 2021<br>Training on Psychological First Aid and Discussion on School Referral System |                                                                           |                                                                                                                                                                                                                                                                               |                                                      |
|---------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------|
| Time                                                                                              | Segment                                                                   | Activities                                                                                                                                                                                                                                                                    | Target Resource Person                               |
| 8:00 - 8:15 AM                                                                                    | Preliminaries                                                             | <ul style="list-style-type: none"> <li>• Admission of Participants</li> <li>• Pretest</li> <li>• House Rules</li> <li>• Prayer and National Anthem</li> <li>• Opening Remarks</li> <li>• Agenda of the Training</li> <li>• Introduction of Organizers and Speakers</li> </ul> | DRRMS                                                |
| 8:15 - 8:45 AM                                                                                    | The effects of COVID-19 on the Mental Health of Children and Adolescents  | Lectures and discussions on: <ul style="list-style-type: none"> <li>• The effects of COVID-19 on the Mental Health of Children and Adolescents</li> </ul>                                                                                                                     | Psychologist<br>(External Resource Person c/o DRRMS) |
| 8:45 - 9:30 AM                                                                                    | Mental Health and Psychosocial Support, and Psychological First Aid (PFA) | Lectures and discussions on: <ul style="list-style-type: none"> <li>• Basic MHPSS Concepts</li> <li>• Core Ideas and Action Principles of PFA</li> <li>• Conduct and Provision of PFA</li> </ul>                                                                              | Psychologist<br>(External Resource Person c/o DRRMS) |
| 9:30 - 9:40 AM                                                                                    | Health Break                                                              |                                                                                                                                                                                                                                                                               |                                                      |
| 9:40 - 10:30 AM                                                                                   | PFA for Children and Adolescents                                          | Lectures and discussions on: <ul style="list-style-type: none"> <li>• PFA for Children and Adolescents</li> </ul>                                                                                                                                                             | Psychologist<br>(External Resource Person c/o DRRMS) |
| 10:30 - 11:00 AM                                                                                  | Open Forum                                                                |                                                                                                                                                                                                                                                                               |                                                      |
| 11:00 - 11:30 AM                                                                                  | MHPSS Service School Referral System                                      | <ul style="list-style-type: none"> <li>• Lectures and discussions on the basic referral system for school-based MHPSS services</li> </ul>                                                                                                                                     | BCD                                                  |
| 11:30 AM – 12:00 Noon                                                                             | Open Forum                                                                |                                                                                                                                                                                                                                                                               |                                                      |
| 12:00 Noon - 1:00 PM                                                                              | Lunch Break                                                               |                                                                                                                                                                                                                                                                               |                                                      |

|                |                                             |                                                                                                                             |                                                     |
|----------------|---------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------|
| 1:00 - 2:30 PM | Simulation of PFA to Personnel and Learners | <ul style="list-style-type: none"> <li>Simulation for the conduct and provision of PFA to personnel and learners</li> </ul> | DRRMS and Psychologists (External Resource Persons) |
| 2:30 - 2:45 PM | Forum                                       | <ul style="list-style-type: none"> <li>Question and answer</li> </ul>                                                       | Psychologists (External Resource Persons c/o DRRMS) |
| 2:45 - 3:00 PM | Closing                                     | <ul style="list-style-type: none"> <li>Reminders</li> <li>Post Test</li> <li>Closing Remarks</li> </ul>                     | DRRMS                                               |

| <b>November 04, 2021</b><br><b>Training on the Whole-of-School Approach on Mental Health and The Conduct of Safe Psychosocial Support Activities</b> |                                                                                 |                                                                                                                                                                                                                                      |                                                   |
|------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------|
| Time                                                                                                                                                 | Segment                                                                         | Activities                                                                                                                                                                                                                           | Target Resource Person                            |
| 8:00 - 8:15 AM                                                                                                                                       | Preliminaries                                                                   | <ul style="list-style-type: none"> <li>Admission of Participants</li> <li>Pretest</li> <li>House Rules</li> <li>Agenda of the Training</li> <li>Introduction of Speakers</li> </ul>                                                  | DRRMS                                             |
| 8:15 - 9:15 AM                                                                                                                                       | The Approach to a Comprehensive and Inter-sectoral School Mental Health Program | <ul style="list-style-type: none"> <li>Lecture and discussion on the Whole-of-School Approach in Mental Health Program</li> </ul>                                                                                                    | Psychologist (External Resource Person c/o DRRMS) |
| 9:15 - 9:45 AM                                                                                                                                       | Open Forum                                                                      |                                                                                                                                                                                                                                      |                                                   |
| 9:45 - 10:00 AM                                                                                                                                      | Health Break                                                                    |                                                                                                                                                                                                                                      |                                                   |
| 10:00 - 10:45 AM                                                                                                                                     | Psychosocial Support for DepEd Personnel                                        | <ul style="list-style-type: none"> <li>DRRM and partner offices to orient personnel on available psychosocial supports within the Department</li> </ul>                                                                              | BHROD, SED, SHD, DRRMS                            |
| 10:45 - 11:45 AM                                                                                                                                     | Keeping ourselves Safe from COVID-19                                            | <ul style="list-style-type: none"> <li>Lecture and discussion on COVID-19 health and safety protocols</li> <li>How to conduct activities while adhering to COVID-19 safety protocols</li> <li>Learners' Guide on Step-by-</li> </ul> | SHD                                               |

|                       |         |                                                                                                               |       |
|-----------------------|---------|---------------------------------------------------------------------------------------------------------------|-------|
|                       |         | Step Daily Routine for Limited Face-to-Face Classes                                                           | DRRMS |
| 11:45 AM – 12:00 Noon | Closing | <ul style="list-style-type: none"> <li>• Reminders</li> <li>• Post Test</li> <li>• Closing Remarks</li> </ul> | DRRMS |

| November 05, 2021<br>Training on Conducting Psychosocial Support Activities in the Classroom |                                                  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |                                                          |
|----------------------------------------------------------------------------------------------|--------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------|
| Time                                                                                         | Segment                                          | Activities                                                                                                                                                                                                                                                                                                                                                                                                                                                                | Target Resource Person                                   |
| 8:00 - 8:15 AM                                                                               | Preliminaries                                    | <ul style="list-style-type: none"> <li>• Admission of Participants</li> <li>• Pretest</li> <li>• House Rules</li> <li>• Agenda of the Training</li> <li>• Introduction of Speakers</li> </ul>                                                                                                                                                                                                                                                                             | DRRMS                                                    |
| 8:15 - 8:30 AM                                                                               | Icebreaker Activity                              | Discussion on the Activity Pack, its objectives, development, and usage                                                                                                                                                                                                                                                                                                                                                                                                   |                                                          |
| 8:30 - 10:30 AM                                                                              | Psychosocial Support Activities in the Classroom | Lecture and discussion on the: <ul style="list-style-type: none"> <li>• Facilitation of classroom-based psychosocial support activities to learners; this shall also be interactive, quick role-play or engaging examples can be used by the Resource Speaker</li> <li>• Considerations in implementing PSS Activities in the Classroom during the COVID-19 pandemic</li> <li>• Properly observing and assessing learners' more specialized needs for referral</li> </ul> | Psychologist Group (External Resource Persons c/o DRRMS) |
| 10:30 - 11:00 AM                                                                             | Open Forum                                       |                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |                                                          |
| 11:00 - 11:15 AM                                                                             | Synthesis                                        | Summary points of the discussion                                                                                                                                                                                                                                                                                                                                                                                                                                          | Psychologist Group (c/o DRRMS)                           |
| 11:15 - 11:30 AM                                                                             | Closing                                          | <ul style="list-style-type: none"> <li>• Reminders</li> <li>• Post-test</li> <li>• Remarks</li> </ul>                                                                                                                                                                                                                                                                                                                                                                     | DRRMS                                                    |

November 08, 2021

Continuation: Training on Conducting Psychosocial Support Activities in the Classroom

| Time             | Segment                                                        | Activities                                                                                                                                                                                                                                                                                                                                                                                                                                                                | Target Resource Person                                   |
|------------------|----------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------|
| 8:00 - 8:15 AM   | Preliminaries                                                  | <ul style="list-style-type: none"> <li>• Admission of Participants</li> <li>• Pretest</li> <li>• House Rules</li> <li>• Agenda of the Training</li> <li>• Introduction of Speakers</li> </ul>                                                                                                                                                                                                                                                                             | DRRMS                                                    |
| 8:15 - 8:30 AM   | Icebreaker Activity                                            | Discussion on the Activity Pack, its objectives, development, and usage                                                                                                                                                                                                                                                                                                                                                                                                   |                                                          |
| 8:30 - 10:30 AM  | Continuation: Psychosocial Support Activities in the Classroom | Lecture and discussion on the: <ul style="list-style-type: none"> <li>• Facilitation of classroom-based psychosocial support activities to learners; this shall also be interactive, quick role-play or engaging examples can be used by the Resource Speaker</li> <li>• Considerations in implementing PSS Activities in the Classroom during the COVID-19 pandemic</li> <li>• Properly observing and assessing learners' more specialized needs for referral</li> </ul> | Psychologist Group (External Resource Persons c/o DRRMS) |
| 10:30 - 11:00 AM | Open Forum                                                     |                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |                                                          |
| 11:00 - 11:15 AM | Synthesis                                                      | Summary points of the discussion                                                                                                                                                                                                                                                                                                                                                                                                                                          | Psychologist Group (c/o DRRMS)                           |
| 11:15 - 11:30 AM | Closing                                                        | <ul style="list-style-type: none"> <li>• Reminders</li> <li>• Post-test</li> <li>• Remarks</li> </ul>                                                                                                                                                                                                                                                                                                                                                                     | DRRMS                                                    |

**November 09, 2021**  
**Orientation on the Psychosocial Activity Pack**

| Time                  | Segment                           | Activities                                                                                                                                                                                        | Target Resource Person         |
|-----------------------|-----------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------|
| 8:00 - 8:30 AM        | Preliminaries                     | <ul style="list-style-type: none"><li>• Prayer and National Anthem</li><li>• Opening Remarks by SLMB</li><li>• Agenda of the Training</li><li>• Introduction of Organizers and Speakers</li></ul> | DRRMS                          |
| 8:30 - 9:15 AM        | Introduction to the Activity Pack | Discussion on the Activity Pack, its objectives, development, and usage                                                                                                                           | Psychologist Group (c/o DRRMS) |
| 9:15 - 10:30 AM       | Activity Demonstration            | Demonstration of a sample activity from the Activity Pack                                                                                                                                         |                                |
| 10:30 - 11:00 AM      | Open Forum                        |                                                                                                                                                                                                   |                                |
| 11:00 - 11:15 AM      | Monitoring of Activity Pack       | Discussion on how to monitor implementation of Activity Pack                                                                                                                                      | Psychologist Group (c/o DRRMS) |
| 11:15 - 11:45 AM      | Synthesis and Final Reminders     | Main points for the implementation of Activity Pack, reminders on how it can be sustained and monitored                                                                                           |                                |
| 11:45 AM - 12:00 Noon | Closing Remarks                   |                                                                                                                                                                                                   |                                |

## MONITORING

For monitoring targeted outputs, the following shall be gathered from the program:

- List of Participants' Registration (complete with their basic information e.g. name, offices/region/division, designation)
- List of Training Attendees
- List of teachers who participated in the FGD
- Activity Report and/or Documentation

The monitoring of the implementation of the Psychosocial Activity Pack and PFA is proposed to be covered within the scope of the monitoring of the Pilot Implementation of Limited Face-to-Face Learning Modality.

## EVALUATION

For evaluating the training program as well as participants' learning, the following forms/tools shall be used:

- ***Training Feedback Form.*** Evaluation tool which will gather information about the participants' overall satisfaction with the different aspects of the programs including the platform used and the technical aspects, topics discussed, knowledge and expertise of the resource speakers, engagement of the resource speakers and other participants, delivery of training, and overall experience.
- ***Lectures' Pretest and Post-Test.*** Administered tests which will assess the knowledge growth of the trainees on the different concepts discussed before and after the training program.