



Republic of the Philippines
Department of Education
CARAGA REGION

DEPARTMENT OF EDUCATION
RECORDS UNIT, REGIONAL OFFICE CARAGA
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OCT 13 2025
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OCT 13 2025

REGIONAL MEMORANDUM

No. 1079, s. 2025

To: Schools Division Superintendents
All Others Concerned

ARAL WITH HEART & MIND: INTEGRATING SOCIO-EMOTIONAL LEARNING (SEL)
AND THE SCIENCE OF READING FOR INCLUSIVE LITERACY RECOVERY

1. The Department of Education's Early Language, Literacy, and Numeracy (ELLN) Program and the Academic Recovery and Accessible Learning (ARAL) Program both aim to strengthen foundational reading and numeracy skills in the early grades through early intervention to ensure that no learner is left behind. To support this goal, the region will conduct a training titled **"ARAL with HEART & MIND: Integrating Socio-Emotional Learning (SEL) and the Science of Reading (SoR) for Inclusive Literacy Recovery"** on **October 22-24, 2025**, in Southville Hotel & Convention Center, Purok-6, Villa Kananga, Butuan City.

2. This activity aims to equip education leaders and teachers with tools to integrate SEL into literacy instruction, grounded in the Science of Reading (SoR). The SoR provides a research-based framework effective reading instruction, while SEL ensures learners are emotionally ready and resilient enough to engage in the learning process.

3. The target participants include the ELLN Division and Reading Coordinators, select School Heads, and Teachers/Tutors from the 12 divisions, as shown below:

Division	ELLN Division Focal	Reading/ English Supervisor	School Heads	Elementary Tutors	Secondary Tutors handling Reading Basic	Total
Agusan del Norte	1	1	3	2	2	9
Agusan del Sur	1	1	5	5	5	17
Bayugan City	1	1	3	2	2	9
Bislig City	1	1	3	2	2	9
Butuan City	1	1	3	2	2	9
Cabadbaran City	1	1	3	2	2	9
Dinagat Islands	1	1	3	2	2	9
Siargao	1	1	3	2	2	9
Surigao City	1	1	3	2	2	9
Surigao del Norte	1	1	3	2	2	9
Surigao del Sur	1	1	5	5	5	17
Tandag City	1	1	3	2	2	9
RO/PMT	16					16

Total	28	12	40	30	30	140
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4. The first meal to be served will be dinner on October 21, 2025, and the last meal will be dinner on October 24, 2025 (see attached indicative matrix).
5. Travel expenses of identified participants, including meals, snacks, training kits, and other expenses incurred during the activity, shall be charged against OSEC-13-25-02149, subject to usual accounting and auditing rules and regulations.
6. For inquiries and further information, email at clmd_caraga@deped.gov.ph.
7. Immediate dissemination of this Memorandum is desired.

MARIA INES C. ASUNCION

Director IV
Regional Director

Encls.: None

Reference: DepEd Memorandum (Guidelines on the Utilization of PSF for ELLN)
To be indicated in the Perpetual Index
under the following subjects:

ACADEMIC RECOVERY LITERACY TRAINING

CLMD/mcj
10/08/2025

Enclosure to RM No. 1079 , s. 2025

**ARAL WITH HEART & MIND: INTEGRATING SOCIO-EMOTIONAL LEARNING (SEL)
AND THE SCIENCE OF READING FOR INCLUSIVE LITERACY RECOVERY October
22-24, 2025, Butuan City
INDICATIVE MATRIX**

TIME	DAY 0 October 21, 2025	DAY 1 October 22, 2025	DAY 2 October 23, 2025	DAY 3 October 24, 2025
7:00 AM-8:00 AM		Registration		
8:00 AM-8:30 AM		Opening Program	Preliminaries	Preliminaries
8:30 AM-9:30 AM		Session 1. Orientation and objectives	Workshop: Designing SEL- integrated learning activities and tools	Presentation/ Demonstration
9:30 AM-9:45 AM		Health Break	Health Break	Health Break
9:45 AM-12:00 PM		Session 2. Introduction to SEL and ExSELLEnT: Batang Mahusay: Exemplifying SEL in Learner's Enviorns and Teacher's Pedagogy (ExSELLEnT), the Contextualized SEL Competency Framework for Filipino Learners	Workshop: Designing SEL- integrated learning activities and tools	Presentation/ Demonstration
12:00 NN-1:00 PM		Lunch Break		
1:00 PM-2:30 PM		Session 3: SEL in the Philippine education and literacy context	Workshop: Designing SEL- integrated learning activities and tools	Observations and Cliniquing
2:30 PM-2:45 PM		Health Break	Health Break	Health Break
2:45 PM-5:00 PM	Arrival of Participants	Session 4: Initial review of school practices/resources using the SEL lens	Workshop: Designing SEL- integrated learning activities and tools	Closing and Ways Forward
5:00 PM-6:00 PM	Dinner	Dinner	Dinner	Dinner