



Republic of the Philippines
Department of Education
CARAGA REGION



October 26, 2023

REGIONAL MEMORANDUM

No. 1034, s. 2023

To: SCHOOLS DIVISION SUPERINTENDENTS
This Region

ORIENTATION TO THE OKY MENSTRUAL TRACKER APP

1. In reference to the Office of the Undersecretary for Operations (OUOPS) Memorandum No. 2023-03-8658, Support to the Comprehensive Sexuality Education and WASH in Schools Program: Mainstreaming the Oky Philippines Period Tracker in Schools, the Bureau of Learner Support Services – School Health Division (BLSS-SHD) endorses to all DepEd offices and schools to download the Oky Period Tracker App for adolescent learners, Grades 4 to Senior High School or ages 10-19 years old, as an additional information resources on menstruation, adolescent sexual reproductive health, child protection and mental health among other learning areas.
2. In this regard, there shall be an Oky App orientation on November 6, 2023, at 9:00 am via MS Teams through this link https://bit.ly/Oky_Orientation. This shall be participated in by all Medical Officers, MAPEH Education Supervisors, division Adolescent Reproductive Health (ARH) and WinS coordinators, and school heads.
3. For your information and dissemination.

MARIA INES C. ASUNCION

Director III
Officer-in-Charge
Office of the Regional Director

BY AUTHORITY OF THE REGIONAL DIRECTOR:


PEDRO T. ESCOBARTE, JR. Ph.D., CESO V
Assistant Regional Director

Encl/s.: NONE

Reference/s: OUOPS Memo No. 2023-03-8658

To be indicated in the Perpetual Index
under the following subjects:

OKY APP

OPLAN KALUSUGAN SA DEPED

ORIENTATION

ESSD/jcc
10/26/2023



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