



Republic of the Philippines
Department of Education
CARAGA REGION

DEPARTMENT OF EDUCATION
RECORDS UNIT, REGIONAL OFFICE-CARAGA
RELEASED
JULY 18 2025
BY: NMB
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REGIONAL MEMORANDUM

No. 0724 , s. 2025

To: Schools Division Superintendents
All Others Concerned

PARTICIPATION TO THE PEER FACILITATOR'S TRAINING

1. The Department of Health (DOH) Caraga – Center for Health Development, in partnership with the DOH Health Promotion Bureau, will hold a Peer Facilitators' Training on August 12–15, 2025, at the Butuan Grand Palace Hotel in Butuan City.
2. The objectives of the training are: (1) to equip peer facilitators with the knowledge and skills necessary to identify, support, and refer students experiencing mental health challenges; and (2) to strengthen the implementation of school-based mental health programs through peer-led initiatives and collaborative strategies.
3. In this regard, the following division School Mental Health Program focal persons are requested to attend this activity:

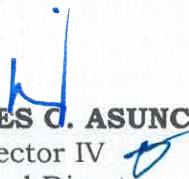
Division/Office	Name of Personnel	Position
Agusan del Norte	Desiree Tandayag Silmaro	Nurse II
Agusan del Sur	Dorothia Tan	Nurse II
Bayugan City	Vernalyn R. Badato	Nurse II
Bislig City	Fritzie A. Magada	Nurse II
Butuan City	Willowy Plaza	Nurse II
Cabadbaran City	Jocelyn Basnillo	Division Guidance Counselor
Dinagat Islands	Twinie R. Antipasado	Nurse II
Siargao	Joe Pete G. Tiu	Nurse II
Surigao City	Ana Nijin S. Namuag	Nurse II
Surigao del Norte	Giann Anggot	Nurse II
Surigao del Sur	Hypzibah L. Andoy	Nurse II
Tandag City	Rudeline V. Azarcon	Nurse II

4. DOH-CHD Caraga will provide meals and lodging for the entire duration of the training. However, the cost of transportation and per diem shall be the responsibility of the respective sending agencies. Kindly be informed that participants from Butuan City, Cabadbaran City, and Agusan del Norte will follow a live-out arrangement, as their areas are located within a 50-kilometer radius of the training venue.
5. Travel and other incidental expenses of participants shall be charged to local funds, School Mental Health Program funds and other sources subject to the usual accounting and auditing rules and regulations.



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6. Please see the attached document for details on participant registration and other relevant information.
7. Immediate and wide dissemination of this Memorandum is desired.


MARIA INES C. ASUNCION
Director IV
Regional Director

Encl: None

Reference: Regional Memorandum (No. 0552, s. 2025)

To be indicated in the Perpetual Index
under the following subjects:

TRAINING PROGRAMS

ESSD/cao
07/17/2025



2025-07-12189

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Republic of the Philippines
Department of Health
CENTER FOR HEALTH DEVELOPMENT - CARAGA



July 3, 2025

MARIA INES C. ASUNCION, PhD, CESO IV
Regional Director
Department of Education- Caraga

DOH - CARAGA RECORDS SECTION	
RECEIVED BY: <i>[Signature]</i>	RELEASED BY: <i>[Signature]</i>
DATE: JUL 07 2025 TIME: 10:20	DATE: <i>[Signature]</i> TIME: 10:40

Dear **Director Asuncion**,

Healthy Greetings!

Mental health and psychosocial well-being are essential aspects of overall health, particularly among the youth, who are increasingly vulnerable to academic pressures, social challenges, and evolving societal expectations. In response to these growing concerns, the Department of Health is strengthening its strategy on establishing **Peer Support Groups for the Youth** as a key initiative to promote mental health and well-being. These peer-led interventions have been recognized for their effectiveness in building resilience, encouraging help-seeking behavior, and fostering a supportive environment for young individuals.

With the strong support and collaboration of Local Government Units (LGUs) and the Department of Education, we have made significant strides in achieving our shared health promotion goals. We hope to further deepen this partnership in alignment with the Universal Health Care Act by empowering local facilitators and stakeholders.

In line with this, the DOH Caraga Center for Health Development – Health Promotion Unit, in coordination with the DOH Health Promotion Bureau, will be conducting a **Peer Facilitators' Training** on **August 12–15, 2025**, at the **Butuan Grand Palace Hotel, Butuan City**.

We respectfully request your assistance to nominate one (1) representative per school division in Caraga Region:

- a. One (1) Mental Health Program Focal in Butuan City Schools Division
- b. One (1) Mental Health Program Focal in Cabadbaran City Schools Division
- c. One (1) Mental Health Program Focal in Bayugan City Schools Division
- d. One (1) Mental Health Program Focal in Surigao City Schools Division
- e. One (1) Mental Health Program Focal in Tandag City Schools Division
- f. One (1) Mental Health Program Focal in Bislig City Schools Division
- g. One (1) Mental Health Program Focal in Agusan del Norte Schools Division
- h. One (1) Mental Health Program Focal in Agusan del Sur Schools Division
- i. One (1) Mental Health Program Focal in Surigao del Norte Schools Division
- j. One (1) Mental Health Program Focal in Surigao del Sur Schools Division
- k. One (1) Mental Health Program Focal in Dinagat Island Schools Division



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Meals and accommodation during the training will be provided by DOH-CHD Caraga. However, transportation expenses and per diem shall be shouldered by the sending agency. Please note that participants from Butuan City, Cabadbaran City, and Agusan del Norte will be on a live-out arrangement, as their respective locations fall within a 50-kilometer radius of the training venue.

To confirm attendance, kindly complete the attached **Nomination Form** (or can be downloaded at bit.ly/PFTNominationForm) with all necessary details of confirmed participant/s. The deadline for submission of forms is **July 21, 2025**, via email at dohroxiihpu@gmail.com.

In preparation for this activity, identified participants are requested to accomplish the following *prior* to the Peer Facilitators' Training, which are all accessible on DOH Academy (learn.doh.gov.ph), and submit a copy of their **Certificate of Completion** to the email address above:

1. Completed Health Promotion Framework Strategy Introductory Module
2. Completed Healthy Communities Playbook Deep Dive: PA5 Peer Support Groups for the Youth

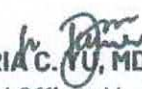
For inquiries or further assistance, you may contact Ms. Phoebe Rhanie D. Demata at 0950-935-6894 or email us at dohroxiihpu@gmail.com.

We deeply appreciate your continued support and unwavering commitment to promoting the health and well-being of our communities, especially our youth.

Truly yours,

CESAR C. CASSION, MD, MPH, CESO III
Director IV

By the authority of the Regional Director:


SANDRIA C. YU, MD, MPH, MPM
Medical Officer V - LHSD Chief

DOH CHD Caraga Peer Facilitators' Training Nomination Form

Kindly fill out the nomination and send an editable file together with the signed scanned copy to dohroxiihpu@gmail.com of the DOH CHD Caraga Health Promotion Unit on or before **July 21, 2025**.

Agency/Office: _____
(2 per P/CWHS only: 1 HEPO and 1 Mental Health Program Coordinator)
(1 per P/CDOHO only)
(1 per Depe'd Division only: Mental Health Program Focal)

Function/ Role	Full Name	Designation	Sex	E-mail Address	Mobile Number	Profession	Known Allergies	Emergency Contact Person & Contact Number

*To serve as reference for room-sharing assignments.
 Reminder: All representatives included in this form shall complete their required DOH Academy courses and submit a copy of their Completion to the email address (dohroxiihpu@gmail.com) on or before **July 21, 2025**.

The undersigned hereby grants approval for the involvement and participation of the above-mentioned personnel in the DOH CHD Caraga Peer Facilitators' Training, scheduled on August 12–15, 2025 (exclusive of travel time), in Butuan City.

Approved by:

Immediate Supervisor