



Republic of the Philippines
Department of Education
CARAGA REGION

DEPARTMENT OF EDUCATION
RECORDS UNIT, REGIONAL OFFICE-CARAGA

RELEASED
JULY 2 2025
BY: NMB
TIME: 10:07 AM

JULY 2 2025

REGIONAL MEMORANDUM

No. 0651, s. 2025

To: Schools Division Superintendents
All Others Concerned

2025 NUTRITION MONTH CELEBRATION

1. Pursuant to Presidential Decree No. 491, known as the Nutrition Act of the Philippines, the Department of Education (DepEd) calls for active participation in the 2025 Nutrition Month celebration this July. This year's theme, **“Sa PPAN: Sama-sama sa Nutrisyong Sapat Para sa Lahat,”** with the sub-theme, **“Food at Nutrition Security, Maging Priority! Sapat na Pagkain, Karapatan Natin!”**, underscores food and nutrition security as a fundamental human right, requiring sustained, collaborative efforts to ensure all Filipinos have access to nutritious, affordable, and safe food.

2. The campaign aims to

- raise awareness on the vital role of nutrition in reducing all forms of malnutrition and hunger,
- reinforce the call for healthy diets and food security as pillars of the Philippine Plan of Action for Nutrition (PPAN) 2023-2028 and the Philippine Development Plan (PDP) 2023-2028,
- promote inclusive, sustainable, and climate-resilient food systems,
- mobilize multi-sectoral support among agencies, LGUs, NGOs, civil society, private sector, and communities.

3. This Office encourages using the **‘SAPAT’** strategy for this year's 2025 Nutrition Month campaign to reach a broader audience:

- S** – Strengthen food policies;
- A** – Amplify public awareness;
- P** – Promote sustainable food systems;
- A** – Activate partnerships without conflicts of interest; and
- T** – Transform food systems.

4. All DepEd offices and schools are highly encouraged to actively participate in this nationwide celebration by implementing localized activities that align with the objectives and strategies outlined above. Schools are also encouraged to leverage online and other media platforms, including, but not limited to, the following activities:

- launching of Nutrition Month through ceremonies and flag raising programs featuring the official theme;



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2025-07-11172

Doc. Ref. Code	RO-ASD-F107	Rev	00
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- b. conducting nutrition education sessions, forums, and webinars on healthy diets and food security;
- c. holding poster-making, slogan-writing, and essay-writing contests;
- d. activities that highlight school gardening initiatives under the *Gulayan sa Paaralan Program (GPP)*;
- e. organizing “Buy Local” weeks to promote climate-resilient, locally sourced food;
- f. hosting cooking demonstrations that emphasize food safety, nutrition, and affordability;
- g. launching social media campaigns to highlight local nutrition initiatives;
- h. holding webinars on climate-smart agriculture in partnership with local agricultural offices and other relevant stakeholders; and
- i. conducting Nutrition Month quiz bees focusing on school gardening, food systems, and nutrition.

5. The 2025 Nutrition month campaign materials may be accessed through the official website of the National Nutrition Council at www.nnc.gov.ph. Additional resources to be developed by the DepEd Central Office will soon be available for access at <https://tinyurl.com/CO-2025-NMC>.

6. All Schools Division Offices are requested to submit and upload relevant documents and highlights of their Nutrition Month celebrations via <https://tinyurl.com/2025-NUTMONTH> on or before **September 1, 2025**.

7. For any inquiries, please contact Ms. Rena Grace G. Tul-id, Nutritionist-Dietitian II, at renagrace.tul-id@deped.gov.ph.

8. For information and dissemination.


MARIA INES C. ASUNCION
Director IV
Regional Director 

Encl.: None

Reference: None

To be indicated in the Perpetual Index
under the following subjects:

NUTRITION EDUCATION

ESSD/rgt
06/30/2025