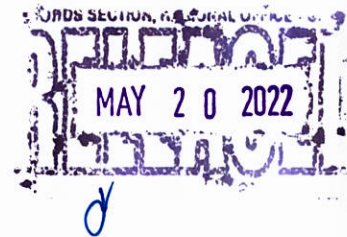




Republic of the Philippines
Department of Education
CARAGA REGION



May 20, 2022

REGIONAL MEMORANDUM
No. 0430, s. 2022

To: SCHOOLS DIVISION SUPERINTENDENTS
This Region

**MONITORING OF OPLAN KALUSUGAN SA DEPARMENT OF EDUCATION
(OK SA DEPED) PROJECTS, PROGRAMS AND ACTIVITIES**

1. Pursuant to DepEd Order No. 028 s, 2019 on the Policy and Guidelines on Oplan Kalusugan sa Department of Education (OK sa DepEd), the Regional TWG is expected to monitor the activities of the SDOs, the progress of implementation, as well as issues and concerns on the preparatory activities and actual program implementation.

2. In view of the foregoing, the Regional Health and Nutrition Team shall visit select schools implementing the limited face-to-face classes in your respective divisions to assess their WinS facilities, compliance to the required health protocols and the implementation of all OKD PPAs. The team will also visit clinic hubs to check the adequacy of supplies and medicines.

3. The field is hereby informed of the following monitoring schedule:

Date	Division	Monitor
May 23-25, 2022	Agusan del Norte	Nelia L. Balacuit
May 31- June 3, 2022	Surigao del Sur	Nelia L. Balacuit
June 6-7, 2022	Bislig City	Nelia L. Balacuit
June 8-10, 2022	Dinagat	Jumer C. Carlon, MD, MHA
June 15 -17, 2022	Siargao	Anna Liza A. Lerio, DDM
June 22-24, 2022	Agusan del Sur	Anna Liza A. Lerio, DDM
July 5-6, 2022	Butuan City	Ellen Grace M. Evangelio, RN
July 7-8, 2022	Cabadbaran City	Ellen Grace M. Evangelio, RN
July 11-12, 2022	Bayugan City	Jumer C. Carlon, MD, MHA
July 13-15, 2022	Surigao del Norte	Nelia L. Balacuit
July 18-19, 2022	Surigao City	Ellen Grace M. Evangelio, RN
July 27-29, 2022	Tandag City	Anna Liza A. Lerio, DDM

4. The above schedule is subject to change if there are equally important activities of SDOs and OK sa DepEd monitoring team.

5. For your information and guidance.


MA. GEMMA MERCADO LEDESMA
Director IV



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Encls.: NONE

Reference: DO 28, s. 2019

To be indicated in the Perpetual Index
under the following subjects:

OPLAN KALUSUGAN

MONITORING

ESS/jcc
05/20/2022



Republic of the Philippines
Department of Education
CARAGA REGION

MONITORING PLAN AND SCHEDULE
FY 2022-2nd Quarter

DIVISION: Education Support & Services Division (ESSD)
UNIT: Health & Nutrition Unit
OBJECTIVE: To monitor the OKD Program, Activities & Projects of the SDO's, the progress of implementation, as well as issues and concerns on the preparatory activities and actual program implementation.

OKD Programs, Activities & Projects	Timeline			Mode of Verification
	May	June	3rd quarter July	
Medical & Nursing Services/SDHCP Wins	/	/	/	Monitoring & Evaluation Report
SBFP	/	/	/	
School Mental Health	/	/	/	
ARH	/	/	/	
NDEP with Comprehensive Tobacco Control Program	/	/	/	

Prepared by: **JUMER C. CARLON, RMT, MD, MPH**
Medical Officer IV

Recommending Approval: **BERNABE L. LINO**
OIC-ESSD Chief

Approved by: **MA. GEMMA MERCADO LEDESMA, CESO V**
Regional Director



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Republic of the Philippines
Department of Education
CARAGA REGION

OPLAN KALUSUGAN SA DEPARMENT OF EDUCATION (OK sa DepED)
MONITORING AND EVALUATION TOOL

SCHOOL: _____ DATE: _____
DIVISION: _____

INDICATORS	YES	NO	REMARKS
Medical and Nursing Services			
• Conducts of Health Assessment			
Learners			
Teaching and Non-Teaching			
• Measures Weight and Height			
• Performs Visual Acuity Testing			
• Performs Auditory Testing			
• Conducts WIFA Supplementation			
• Conducts deworming activities			
• Performs Immunizations			
MR			
Td			
HPV			
• Conducts consultation and treatment			
• Writes and facilitates referrals			
Integration of Health Concepts			
Presence of a functional Technical Working Group (Focal Persons for every PAPs)			
Issues and Concerns:			



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Recommendations:

Evaluated by:

SCHOOL DENTAL HEALTH CARE PROGRAM RECEIPT SCHOOLS MONITORING TOOL

SCHOOL: _____ DATE: _____
DIVISION: _____

INDICATORS	YES	NO	REMARKS
School Clinic			
• Separate room following the floor plan of a school clinic layout			
• Private space for physical examination provided			
• Presence of Hospital/clinic bed			
• First aid equipment and medicines			
• Dental equipment and supplies - Autoclave - Dental Chair/Unit - Instruments - Supplies • Materials			
• Lavatory with functional water system			
• Own functional restroom with menstrual and hygiene facilities			
• Breastfeeding/lactating area			
• Proper disposal of medical wastes			
• Drainage for Dental Unit			
Provision of Services			
• Medical Services:			

Conduct of medical examination and treatment			
Nursing Services: Classroom rapid health assessment, provide basic emergency treatment and referral			
Dental Services:			
Oral Examination			
Oral prophylaxis			
Application of fluoride varnish to learners			
Application of Tooth Sealants			
Conduct of Tooth Fillings			
-ART Filling			
-Composite Filling			
-Temporary Filling			
Tooth Extraction			
Referrals			
Schedule of Medical Officer/ Dentist/ Nurse/ Clinic Teacher/ Partners available			
Medical and Dental Health Education Activities conducted to: a. Learners b. Parents and Community c. Teaching and Non-teaching Mode of delivery: a. With power point presentation b. IEC materials/ flip charts c. Casual meetings			

Forms:			
• Updated individual health records			
• Filled BEIS Form			
• BE-LCP Dental Consolidated Report			
• Others			
Issues and Concerns:			
Recommendations:			

Evaluated by:

WASH IN SCHOOLS MONITORING TOOL

SCHOOL: _____ DATE: _____
DIVISION: _____

INDICATORS	YES	NO	REMARKS
Water Supply			
• Presence of water supply			
• Presence of water testing analysis			
• Presence of potable water in every classroom			
• Improved water accessibility			
• Provision of safe drinking water			
Toilet			
• Additional toilet constructed			
• Presence of toilet in every classroom			
• Presence of communal toilet			
• Presence of gender segregated toilet			
• Repaired/improved toilet			
• Presence of Toilet for Disabled			
Handwashing Area/Activities			
• Presence of handwashing area			
• Presence of hygiene supplies			
• Presence of hygiene messages in strategic places			
• Conduct of group handwashing activities			
• Conduct of daily supervised group handwashing			
• Conduct of group tooth brushing			
• Available of Soap in washing areas			
• Available of labelled Toothbrushes in every Class			
• Available of Toothpastes in every class			
Menstrual Hygiene (MH)			

• Presence of MH space in every classroom of Grade 5 –12			
• Presence of MH kit for Grade 5 – 12			
• Presence of MH booklet for Grade 5 – 12			
• Access to sanitary pads			
• Disposal of sanitary pads			
Sanitation			
• Improved and clean drainages, roof gutters			
• Absence of stagnant water			
• Segregated Trash Bins			
• Wastes Segregation			
• Garbage Collection Management			
• Septic Tank			
• Drainage			
• System for flood			
• No burning of Wastes			
Program Management			
• Orientation on WinS conducted			
• Presence of DepEd Order 10 s. 2016			
School Canteen			
• Washing area			
• Health certificate of food handlers			
• Presence of food guide			
• Adherence to food safety measures			
• Record of canteen proceeds			
• Compliance to DepEd Order no. 13 s. 2017			
Inclusion of WINS to SIP/AIP/APP			
Conducts Health Education:			
• Learners			
• Parents and Community			
• Teaching and Non-Teaching			
Health Education Materials / Methods being used:			
• IEC Materials			

SCHOOL BASED FEEDING PROGRAM MONITORING TOOL

SCHOOL: _____ DISTRICT: _____ DATE: _____
DIVISION: _____

INDICATORS	Actual		REMARKS
Number of Beneficiaries:			
Number of Feeding Days:			
Nutritional Status of Beneficiaries			
Before Feeding			
• Number of Severely Wasted			
• Number of Wasted			
• Number of Stunted			
• Secondary Beneficiaries			
After Feeding			
• Number of Severely Wasted			
• Number of Wasted			
• Number of Stunted			
• Secondary Beneficiaries			
% of Beneficiaries Rehabilitated to Normal Status			
• 91-100%			
• 80-90%			
• 70-80%			
• 60-70%			
Food Component distributed	YES	NO	
• Nutritious Food Products			
• Hot Meals /Menu			
• Milk			
Fresh Milk			
Commercial Milk			
Mode of Procurement:			
• SDO			
• School			
• Others			

Distribution Schemes:			
• Picked- up by Parents			
• School Personnel may contract vehicles for the distribution			
• School may coordinate with partners in the distribution			
Compliance to Guidelines:			
• Creation of SBFP Core Group			
• Nutritional Assessment Conducted			
• Food Standard and Menu Followed			
• Daily Feeding Supervised by SH(MOV)			
• Stringent Practice of Proper Liquidation(RA 9184)			
Percentage of Attendance of Beneficiaries:	Actual		
• 85-100% Attendance			
• 70-85% Attendance			
Vegetable Garden	YES	NO	
• 6-10 varieties of vegetable planted			
• 10 - 20 varieties of veg. planted			
• 50% of harvest channeled to feeding program			
Family Home Garden of Feeding Bens.(MOV)			
School Canteen: 35% of proceeds shared to the Feeding Program (MOV)			
Involvement/Support of Parents and Community (MOV)			
Submission of Reports:			
• Work and Financial Plan			
• Cycle Menu			
• Program Procurement and Management Plan			

• Form 1 (Master List of Beneficiaries)			
• Form 3 (Summary of Beneficiaries and Start of Feeding)			
• Form 4(Actual Feeding)			
• From 5 (List of Authorized Consignees)			
• Form 6(Classification of Students in Terms of Milk Tolerance)			
• Form 7(Milk Deliveries)			
• Form 7A(Milk Deliveries for Drop-off Points)			
• Form 8 Monthly Report/Financial Status)			
• Program Terminal Report			
Complementary Activities:			
• Conducts Deworming			
• Functional School Garden			
• Adherence to Food Safety			
• Orientation of Program Implementers			
Liquidation:			
• On time Liquidation(MOV)			
• Late Liquidation(MOV)			
Issues and Concerns:			
Recommendations:			

Evaluated by:

NDEP MONITORING TOOL

SCHOOL: _____ DATE: _____
DIVISION: _____

	YES	NO	REMARKS
Integration to the Curriculum			
Established Barkada Kontra Droga			
Conduct of Tobacco Control Program Activities			
Submission of Monthly Reports			
Partners/ Stakeholders Involved:			
Activities conducted:			
Issues and Concerns:			
Recommendations:			

Evaluated by:

SCHOOL MENTAL HEALTH MONITORING TOOL

SCHOOL: _____ DATE: _____
DIVISION: _____

Indicators	Actual		REMARKS
Number of Mental Health Cases - Learners - TP and NTP			
Presence of Guidance Centers	Yes	No	
Number of Mental Health Professionals			
Number of Trained Mental Health Professionals (Teaching/Non-teaching)			
Interventions Made/ Actions Taken			
Activities conducted:			
Issues and Concerns:			
Recommendations:			

Evaluated by:

ADOLESCENT REPRODUCTIVE HEALTH MONITORING TOOL

SCHOOL: _____ DATE: _____
DIVISION: _____

INDICATORS	Actual		REMARKS
Number of Pregnant Learners: - Grade 4 - Grade 5 - Grade 6 - Grade 7 - Grade 8 - Grade 9 - Grade 10 - Grade 11 - Grade 12 - Others			
Status of Pregnant Learners:	YES	NO	
Access to Education			
Access to Health Services			
Number of Learners who are Impregnators - Grade 4 - Grade 5 - Grade 6 - Grade 7 - Grade 8 - Grade 9 - Grade 10 - Grade 11 - Grade 12 - Others	Actual		
Status of Impregnators	YES	NO	
Access to Education			
Establishment of Teen Centers			
Conducts WIFA School Implementation			
Conducts Advocacy Activities: Responsible Parenthood			

• Teenage Pregnancy • HIV/AIDS Education			
Integration in Curriculum:			
Other Activities Conducted:			
Issues and Concerns:			
Recommendations:			

Evaluated by:
