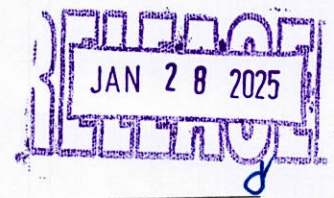




Republic of the Philippines
Department of Education
CARAGA REGION



JAN 27 2025

REGIONAL MEMORANDUM
No. **0085**, s. 2025

To: Schools Division Superintendents
All Others Concerned

**CONDUCT OF MENTAL HEALTH AND PSYCHOSOCIAL SUPPORT
SERVICES TO PISA 2025 SCHOOLS**

1. In preparation for the upcoming PISA 2025, the Department of Education (DepEd) is committed to ensuring that both students and facilitators are well-prepared to participate in the assessment. As part of this effort, prioritizing the mental health and psychosocial well-being of the participants and facilitators is essential.
2. In this regard, the Schools Division Offices (SDOs) involved in PISA 2025 are encouraged to conduct Mental Health and Psychosocial Support Services (MHPSS) activities for teachers, learners, school staff, and stakeholders in preparation for PISA 2025. These services may include, but are not limited to:
 - a. Conducting mental health awareness sessions;
 - b. Facilitating stress management activities;
 - c. Providing counseling and emotional support; and
 - d. Organizing group or individual psychoeducation sessions to equip participants and facilitators with coping mechanisms.
3. Immediate dissemination of this Memorandum is desired.

MARIA INES C. ASUNCION
Regional Director

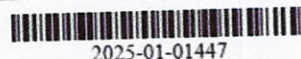
Encl.: None
Reference: Regional Memorandum No. 0004, s. 2025
To be indicated in the Perpetual Index
under the following subjects:

ASSESSMENT HEALTH EDUCATION SERVICE

ESSD/lvy
01/27/2025



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