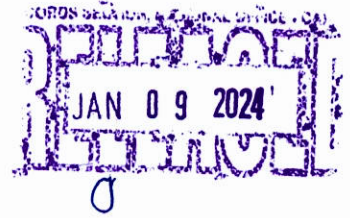




Republic of the Philippines
Department of Education
CARAGA REGION



January 9, 2024

REGIONAL MEMORANDUM

No. 0023, s. 2024

To: SCHOOLS DIVISION SUPERINTENDENTS
This Region

ANNUAL PHYSICAL EXAMINATION OF ALL DEPED EMPLOYEES

1. Pursuant to the DepEd Memorandum 22, s. 2015 entitled Annual Physical Examination of DepEd Employees (Teaching and Non-Teaching personnel) and as per RA 11223 or the Universal Health Care Act and its Implementing Rules and Regulations, **all teaching and non-teaching personnel are required to undergo an Annual Physical Examination.** The medical examination ensures that all employees are healthy considering that their physical well-being has a significant impact on the delivery of services.
2. The following diagnostic tests shall be required:
 - a. Chest Xray PA view (except for pregnant women)
 - b. Complete Blood Count
 - c. Urinalysis
3. For personnel with existing comorbid conditions (e.g. hypertension, diabetes mellitus, chronic kidney diseases, cardiovascular diseases, etc.) additional laboratory tests may be required by the Medical Officer or their attending physician, as deemed necessary.
4. Further, all divisions shall enroll all personnel to PhilHealth's Konsulta Package and make necessary arrangements with the nearest Konsulta Package Providers in the respective place of work or residence, to avail of the free health services.
5. An oral examination shall also be conducted by the Division Dentist or by any government/private Dentists. School Health Division (SHD) Form 4-A shall be signed by the examining dentist prior to the signature of the Medical Officer or any government/private physician.
6. Consolidated reports on the Annual Health Examination shall be submitted via email through caragaessd.hnu@deped.gov.ph on or before April 30, 2024.
7. For your information, guidance and compliance.

MARIA INES C. ASUNCION
Director III
Officer-in-Charge
Office of the Regional Director



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2024-01-00462

Doc. Ref. Code	RO-ASD-F107	Rev	00
Effectivity	02.01.23	Page	1 of 2

Encls.: NONE

Reference: DepEd Memo 22, s. 2015

To be indicated in the Perpetual Index
under the following subjects:

ANNUAL PHYSICAL EXAMINATION

DEPED PERSONNEL

ESS/jcc

01/09/2024



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Doc. Ref. Code	RO-ASD-F107	Rev	00
Effectivity	02.01.23	Page	2 of 2