



July 15, 2019



REGIONAL MEMORANDUM
No. 368, s. 2019

OPLAN KALUSUGAN SA DEPED ONE HEALTH WEEK

TO: ALL SCHOOLS DIVISION SUPERINTENDENTS
This Region

1. Oplan Kalusugan sa DepEd (OK sa DepEd) is a convergence of DepEd's health programs, plans, policies, and activities for their effective and efficient implementation at the school level, in partnership with various stakeholders.
2. Pursuant to DepEd Order No. 28, s.2018 entitled **Policy and Guidelines on Oplan Kalusugan sa Department of Education (OK sa DepEd)**, all public schools are encouraged to observe a nationwide **Oplan Kalusugan sa DepEd One Health Week** from July 22-26, 2019.
3. For further details, kindly see the attached memorandum from the Central Office.
4. For immediate dissemination.


4/ **FRANCIS CESAR B. BRINGAS, CESO V**
OIC-Regional Director

ESSD/mnl
07/15/2019

DCC No.

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(085) 342 - 8207



caraga@deped.gov.ph



www.caraga.deped.gov.ph



Republic of the Philippines
Department of Education

09 JUL 2019

DepEd MEMORANDUM
No. **083**, s. 2019

OPLAN KALUSUGAN SA DEPED ONE HEALTH WEEK

To: Undersecretaries
Assistant Secretaries
Bureau and Service Directors
Regional Directors
Schools Division Superintendents
Public Elementary and Secondary School Heads
All Others Concerned

1. Pursuant to DepEd Order (DO) No. 28, s. 2018 entitled **Policy and Guidelines on Oplan Kalusugan sa Department of Education (OK sa DepEd)**, all public schools are encouraged to observe a nationwide **Oplan Kalusugan sa DepEd One Health Week** from July 22-26, 2019.

2. One Health Week will be conducted to roll out a set of health activities featuring, but not limited to, the six major DepEd school health programs below:

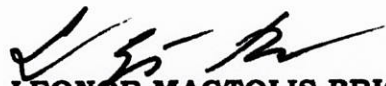
- a. School-Based Feeding Program (SBFP);
- b. National Drug Education Program (NDEP);
- c. Adolescent Reproductive Health (ARH) Program;
- d. Water, Sanitation, and Hygiene (WASH) in Schools (WinS) Program;
- e. Medical, Nursing, and Dental Services; and
- f. School Mental Health Program.

3. During the One Health Week, the regional offices (ROs), schools division offices (SDOs), and elementary and secondary schools are directed to undertake the following suggested activities, among others:

- a. Orientation of parents, communities, partners, and other stakeholders;
- b. Delivery of age-appropriate health services;
- c. Launching of age-appropriate health and hygiene practices;
- d. Conduct of feeding activities and school gardening activities;
- e. Exhibits/fora on the NDEP, ARH, school mental health, and comprehensive tobacco control; and
- f. Open house of canteens featuring healthy food and beverage choices.

4. One Health Week shall be maximized to mobilize the community and promote collaboration with partners and stakeholders, especially at the school level. As such, the schools are tasked to network with partners within their localities for various health endeavors such as the improvement and maintenance of health facilities; provision of health and nutrition services including manpower, medicines, and equipment; and finalization of deliverables and schedule of joint health activities for the school year.

5. The ROs and SDOs shall conduct kick-off activities **on or before July 22, 2019** to signal the start of One Health Week and gain support from partners and stakeholders. The national kick-off to be led by the Bureau of Learner Support Services-School Health Division is scheduled on **July 24, 2019**. A separate memorandum shall be issued inviting concerned DepEd personnel and providing further details about the activity.
6. Schools should coordinate with their division health personnel for the conduct of activities for One Health Week.
7. For reporting purposes, the schools shall ensure the documentation of the activities conducted during the One Health Week, following the data requirements of the *OK sa DepEd* Forms A and B enclosed to DO 28, s. 2018.
8. Regional directors and schools division superintendents are enjoined to support and monitor the activities.
9. For more information, please contact the **Bureau of Learner Support Services-School Health Division**, 3rd Floor Mabini Building, Department of Education Central Office, DepEd Complex, Meralco Avenue, Pasig City through email at blss.shd@deped.gov.ph or contact at telephone no. (02) 632-9935.
10. Immediate dissemination of this Memorandum is desired.


LEONOR MAGTOLIS BRIONES
Secretary

Reference:

DepEd Order No. (28, s. 2018)

To be indicated in the Perpetual Index
under the following subjects:

CELEBRATIONS AND FESTIVALS
HEALTH EDUCATION
PROGRAMS
SCHOOLS