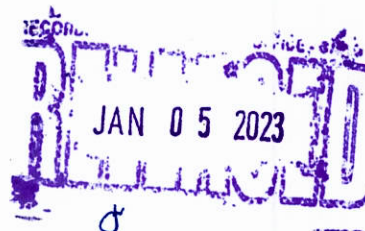




Republic of the Philippines
Department of Education
CARAGA REGION



January 5, 2023

REGIONAL MEMORANDUM

No. 0011, s. 2023

To: SCHOOLS DIVISION SUPERINTENDENTS
This Region

ANNUAL PHYSICAL EXAMINATION OF ALL DEPED EMPLOYEES

1. Pursuant to the DepEd Memo 22, s 2015 entitled Annual Physical Examination of DepEd Employees (Teaching and Non-Teaching personnel) and as per RA 11223 or the Universal Health Care Act and its Implementing Rules and Regulations, **all teaching and non-teaching personnel are required to undergo an Annual Physical Examination.** The medical examination ensures that all employees are healthy considering that their physical well-being has a significant impact on the delivery of services.
2. The following diagnostic tests shall be required:
 - a. Chest Xray PA view (except for pregnant women)
 - b. Complete Blood Count
 - c. Urinalysis
3. For personnel with existing comorbid conditions (e.g. hypertension, diabetes mellitus, chronic kidney diseases, cardiovascular diseases, etc.) additional laboratory tests may be required by the Medical Officer or their attending physician, as deemed necessary.
4. An oral examination shall also be conducted by the Division Dentist or by any government/private Dentist. School Health Division (SHD) Form 4-A shall be signed by the examining dentist prior to the signature of the Medical Officer or any government/private physician.
5. Consolidated reports on the Annual Health Examination shall be submitted via email through caragaessd.hnu@deped.gov.ph on or before April 30, 2023.
6. For your information, guidance and compliance.


MA. GEMMA MERCADO LEDESMA
Director IV



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To be indicated in the Perpetual Index
under the following subjects:

ANNUAL PHYSICAL EXAMINATION

DEPED PERSONNEL

ESS/jcc

01/05/2023