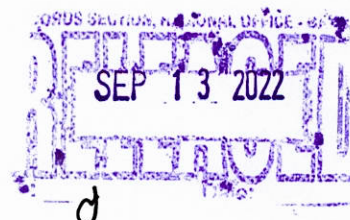




Republic of the Philippines
Department of Education
CARAGA REGION



September 13, 2022

REGIONAL MEMORANDUM
No. 0790, s. 2022

To: SCHOOLS DIVISION SUPERINTENDENTS
All DepEd Employees
This Region

WELLNESS DAY WEBINAR SERIES FOR DEPED EMPLOYEES

1. Attached is a Memorandum DM-OUHROD-2022-0015 dated September 2, 2022, issued by the Office of the Undersecretary for Human Resource and Organizational Development, National Educators Academy of the Philippines, Teacher Education Council Secretariat, and DepEd Employees' Associations Coordinating Office, Gloria Jumamil-Mercado, titled "**Wellness Day Webinar Series for DepEd Employees**".
2. These webinars will be conducted using online platforms (Zoom or MS Teams) and will be live-streamed via DepEd Philippines Facebook (FB) page.
3. Please refer to the table below for the schedule of the Webinar Series from August to November 2022.

Date and Time	Theme
August 31, 2022 1:30 pm – 3:30 pm	Financial Wellness
September 14, 2022 9:00 am – 11:00 am	Financial Wellness
September 28, 2022 9:00 a.m. – 10:30 am	Psychosocial Wellness
October 19, 2022 9:00 a.m. – 10:30 am	Psychosocial Wellness
October 26, 2022 9:00 a.m. – 10:30 am	Psychosocial Wellness
November 9, 2022 9:00 a.m. – 10:30 am	Psychosocial Wellness
November 15, 2022 9:00 a.m. – 11:00 am	Financial Wellness
November 16, 2022 9:00 a.m. – 11:00 am	Financial Wellness
November 29, 2022 9:00 a.m. – 10:30 am	Psychosocial Wellness



Address: J.P. Rosales Avenue,
Butuan City
Trunkline No: (085) 342-8207
Telefax No: (085) 342-5969
Email: caraga@depd.gov.ph



4. For further questions or clarifications, please email the BHROD-EWD at bhrod.ewd@deped.gov.ph.

5. Immediate and wide dissemination of this Memorandum is desired.


MA. GEMMA MERCADO LEDESMA
Regional Director 

Encl/s.: As stated

Reference/s: None

To be indicated in the Perpetual Index
under the following subjects:

EMPLOYEES

WELFARE

WELLNESS

HRD/anai
09/13/2022

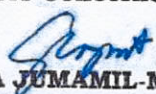


Republika ng Pilipinas
Department of Education

OFFICE OF THE UNDERSECRETARY
HUMAN RESOURCE AND ORGANIZATIONAL DEVELOPMENT,
NATIONAL EDUCATORS ACADEMY OF THE PHILIPPINES,
TEACHER EDUCATION COUNCIL SECRETARIAT, AND
DEPED EMPLOYEES' ASSOCIATIONS COORDINATING OFFICE

MEMORANDUM
DM-OUHROD-2022-0015

TO : **Undersecretaries**
Assistant Secretaries
Bureau and Service Directors
Regional Directors
Schools Division Superintendents
Division Chiefs
Heads of Schools
All Others Concerned

FROM :  **GLORIA JUMAMIL-MERCADO**
*Undersecretary for Human Resource and Organizational Development,
National Educators Academy of the Philippines,
Teacher Education Council Secretariat, and
DepEd Employees' Associations Coordinating Office*

SUBJECT : **WELLNESS DAY WEBINAR SERIES FOR DEPED EMPLOYEES**

DATE : 02 September 2022

In line with our advocacy to provide interventions in promoting the wellbeing of our employees across all governance levels, the Bureau of Human Resource and Organizational Development - Employee Welfare Division (BHROD-EWD) recently launched the **Wellness Day Webinar Series** held last 31 August 2022.

These webinar series are composed of different sessions that aim to address various concerns related to the psychosocial and financial wellbeing of our employees. These webinars will be conducted using online platforms (Zoom or MS Teams) and will be live-streamed via DepEd Philippines Facebook (FB) page.

In this connection, we would like to invite all DepEd employees to participate in the scheduled sessions (*see Annex A*). Interested participants can join the online Zoom or MS Teams meeting room by registering to the link which will be provided in the detailed episode announcements/invitations to be posted on the DepEd Philippines FB page.

Expenses for these activities such as payment for honoraria of speakers and/or instructors shall be charged to the 2022 OPDNTP fund of the BHROD-EWD, subject to the usual accounting rules and regulations.

Wellness Day Webinar Series
August to November 2022

	DATE AND TIME	THEME
1	August 31, 2022 1:30 p.m. – 3:30 p.m.	Financial Wellness
2	September 14, 2022 9:00 a.m. to 11:00 a.m.	Financial Wellness
3	September 28, 2022 9:00 a.m. to 10:30 a.m.	Psychosocial Wellness
4	October 19, 2022 9:00 a.m. to 10:30 a.m.	Psychosocial Wellness
5	October 26, 2022 9:00 a.m. to 10:30 a.m.	Psychosocial Wellness
6	November 9, 2022 9:00 a.m. to 10:30 a.m.	Psychosocial Wellness
7	November 15, 2022 9:00 a.m. to 11:00 a.m.	Financial Wellness
8	November 16, 2022 9:00 a.m. to 11:00 a.m.	Financial Wellness
9	November 29, 2022 9:00 a.m. to 10:30 a.m.	Psychosocial Wellness

[BHROD-EWD/ MCLatosaj

For further questions or clarifications, please contact the BHROD-EWD through the email address, bhrod.ewd@deped.gov.ph.

Thank you.