



Regional Advisory No. 24, s. 2022
April 13, 2022

In compliance with DepEd Order (DO) No. 8, s. 2001,
this advisory is issued not for endorsement per DO 28, s. 2001,
but only for information of DepEd officials,
personnel/staff, as well as the concerned public.
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DISSEMINATION OF INFORMATION ON ADOLESCENT HEALTH
AND DEVELOPMENT

To ensure that all adolescent have access to comprehensive health care and services, the Department of Health is requesting to disseminate information on Adolescent Health and Development Program (AHDP).

Attached is the copy of the DOH Advisory with respective access links for the various AHDP-related manuals and reference materials.

For your information and dissemination.

ESS/jcc
04/13/2022





Republic of the Philippines
Department of Health
CENTER FOR HEALTH DEVELOPMENT – CARAGA

April 7, 2022

DR. MA. GEMMA M. LEDESMA, CESO V

Regional Director

DepEd - Caraga

Jose Rosales Ave., Butuan City

11 APR 2022
1:04 PM

Dear **Director Ledesma**,

Greetings!

The DOH, committed to ensure that all adolescents have access to comprehensive health care and services in an adolescent-friendly environment, advocate for the updating of relevant policies and guidelines to ensure that adolescents received the intended care at our Adolescent Friendly Health Facilities.

Per Department Advisory dated March 22, 2022, from the Office of the Secretary of Health re: **Dissemination of Information on Adolescent Health and Development**, we are furnishing you herewith a copy of the abovementioned advisory with respective access links for the various AHDP-related manuals and reference materials. This is part of the Department's unwavering support to the implementers of the program.

Should you have any questions or queries, please feel free to have your staff contact Mr. Phillip Louie L. Moro, RN., AHDP Technical Assistant (09477973758/09055028434) or send us an email at AHDP.chdcaraga@gmail.com.

Very truly yours,

CESAR C. CASSION, MD, MPH, CESO III

Director IV

By Authority of the Regional Director

ERNESTO E. PAREJA, MD, MPH
Medical Officer V



Republic of the Philippines
Department of Health
OFFICE OF THE SECRETARY

March 22, 2022

ADVISORY

FOR : DIRECTORS OF BUREAUS AND SERVICES, AND CENTER FOR HEALTH DEVELOPMENT; MINISTRY OF HEALTH – BANGSAMORO AUTONOMOUS REGION IN MUSLIM MINDANAO; EXECUTIVE DIRECTORS OF SPECIALTY HOSPITALS; CHIEFS OF MEDICAL CENTERS, HOSPITALS AND SANITARIUM; AND ALL OTHER CONCERNED

ATTENTION: ADOLESCENT HEALTH COORDINATORS

SUBJECT: Dissemination of Information on Adolescent Health and Development

For the past years since the development of DOH Administrative No. 2013-0013 entitled "National Policy and Strategic Framework on Adolescent Health", coordinators and health service providers were reassigned, retired, and/or newly appointed/hired especially during the pandemic.

In line with the Department's commitment to ensure that all adolescents have access to comprehensive health care and services in an adolescent-friendly environment and to continuously support healthcare providers in their efforts of creating acceptable, friendly and responsive health systems for adolescence, this issuance is being issued to provide information and updates on the following adolescent health and development-related materials:

1. Adolescent Health and Development Program (AHDP) Manual of Operations (MOP).

In 2017, the MOP was developed and was disseminated to the coordinators through announcements on various consultation meetings and provision of the document by copy furnishing in their respective emails. The MOP is a guide for program managers on the implementation of the National Policy and Strategic Framework on Adolescent Health and Development contains monitoring and evaluating measures to help track how the program is proceeding or progressing, thus aid in decision-making. This manual also provides a more comprehensive, adolescent-friendly and acceptable health guidance to front liners on the ground.

Link to the AHDP MOP: <https://tinyurl.com/DOHAHDPMOP>

2. Adolescent Health Education and Practical Training (ADEPT). This online training is now available in the DOH Academy. ADEPT provides communication skills to the health care/service providers working with adolescents and educate them on the proper ways of dealing with adolescents: building trust, encouraging openness, asking the right questions in a right manner.

Link to the ADEPT: <https://learn.doh.gov.ph/>

3. **Adolescent Job Aid (AJA) Manual.** The manual was designed to provide field health workers with step-by-step guidance to manage common adolescent health and development conditions in a way that is more effective, more sensitive and more appropriate to adolescents' needs.

Link to the AJA Manual: <https://tinyurl.com/DOHAJA>

4. **Healthy Young One's (HYO) User's Guide.** The HYO is designed for use by the primary health care providers in the RHUs in conducting health education sessions among adolescents on the following topics: puberty, reproductive system, menstruation, gender and health, reproduction and responsibility, sexually transmitted infections, and HIV and AIDS. These sessions can generate demand for ASRH services and the health care providers should be able to link these demands to corresponding services available in their health facilities.

Link to the HYO User's Guide: <https://tinyurl.com/DOHHYOUUserGuide>

5. **Adolescent Health Care for Primary Service Providers-Foundational Course.** This course aims to capacitate the health service providers, such as but not limited to school teachers, counsellors, nurses, social workers and other allied health professions. The course will help the providers to better understand the adolescent on their developmental changes which influences behavior, thus, enabling more appropriate service provision and maintaining friendly healthy environment. In addition, this allows providers to appreciate the work of each other and aid in the implementation of service delivery network/ healthcare providers network.

Upon further review, we would like to correct the adolescent age-groups on page 6 of Module 1: Understanding the Adolescent. Please see below:

ERRATUM on the Adolescent age-groups

- Early adolescence: 10-13 years old
- Middle adolescence: 14-16 years old
- Late adolescence: 17-19 years old

Please be informed that there is an ongoing pilot testing for the online training of this course, to be uploaded in the DOH Academy, once finalized.

Link to the Modules: <https://tinyurl.com/DOHAHFoundationalCourse>

Kindly visit the link provided above for your reference. Should you require further details, please contact the Adolescent and Maternal Health Division of Disease Prevention and Control Bureau (DPCB) through our email dpbwmhdd@doh.gov.ph or telephone phone no. (02) 8651-7800 local 1728-1729.

For information and guidance. Dissemination to all concerned is requested.

Thank you.