



Republic of the Philippines
Department of Education
CARAGA REGION



OCT 20 2025

REGIONAL MEMORANDUM

No. 1113, s. 2025

To: Schools Division Superintendents
School Governance & Operations Division Chiefs
All Others Concerned

MONITORING ON THE PROVISION OF PSYCHOLOGICAL FIRST AID (PFA) AND
MENTAL HEALTH AND PSYCHOSOCIAL SUPPORT SERVICES (MHPSS) IN QUAKE-
AFFECTED SCHOOLS

1. The Department of Education – Caraga Region, through the Education Support Services Division (ESSD), will conduct a **Monitoring on the Provision of Psychological First Aid (PFA) and Mental Health and Psychosocial Support Services (MHPSS)** in schools affected by the recent 7.6-magnitude earthquake in Mindanao.
2. The activity aims to
 - a. assess the implementation of PFA and MHPSS interventions in the affected schools;
 - b. identify immediate and ongoing psychosocial needs of learners and school personnel;
 - c. provide on-site technical assistance to strengthen the delivery of MHPSS interventions; and
 - d. ensure that school-based initiatives align with national MHPSS policies and standards pursuant to **Section III, No. 11 of DepEd Order No. 22, s. 2024** (*Revised Guidelines on Class and Work Suspension in Schools During Disasters and Emergencies*) on the conduct of PFA to ensure the prompt delivery of mental health and psychosocial support to learners, teachers, and personnel affected by disasters and emergencies.
3. The monitoring shall be conducted throughout the month of **October 2025** and will continue until further notice, covering schools across all Schools Division Offices (SDOs) in the Caraga Region.
4. The School Mental Health Program Division Coordinators are directed to accomplish the data monitoring tool via **<https://shorturl.at/DEIOz>**, and to upload their Means of Verification (MOVs) through **<https://shorturl.at/tbwop>**. They shall coordinate with their respective schools to gather the necessary information and ensure timely submission of data.
5. A follow-up meeting is scheduled on **October 21, 2025**, via MS Teams. This follows the initial meeting held on October 13, 2025, which discussed the conduct of PFA and data collection.
6. The following enclosures are attached herewith to wit:



2025-10-18194

here

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- a. Enclosure No. 1: Program Flow of the 2nd Coordination Meeting on Post Earthquake Response
- b. Enclosure No. 2: Template of the Psychosocial Support Services/Activities Documentation Report
- c. Enclosure No. 3: Template of the Report on Psychosocial Activity Conducted to Schools (Post-Earthquake Response – Mindanao)

7. The identified schools and concerned Division Offices are requested to extend their utmost support and cooperation to the Regional Monitoring Team, including the provision of necessary data, access to school records, and coordination with learners, teachers, and parents as needed.

8. Travel expenses and per diem of all personnel involved shall be charged against the Learner Support Program (LSP), MOOE, Special Education Fund (SEF), or Program Support Funds (School Mental Health Program), subject to existing government accounting and auditing rules and regulations.

9. For inquiries and further clarification, you may contact Mr. Charlestone A. Otaza at charlestone.otaza@deped.gov.ph | 0936-953-5603 or Ms. Leah Ellen V. Yaoyao at leahellen.yaoyao@deped.gov.ph | 0954-394-0384, both Technical Assistants of the School Mental Health Program.

10. For information and guidance.


MARIA INES C. ASUNCION
 Regional Director

Encl.: As stated

Reference: None

To be indicated in the Perpetual Index
under the following subjects:

ASSESSMENT

CALAMITY

MONITORING AND EVALUATION

ESSD/levy
10/14/2025



Republic of the Philippines
Department of Education
CARAGA REGION

(Enclosure No. 1 to Regional Memorandum No. 1113 , s. 2025)

1. Program Flow of the 2nd Coordination Meeting on Post Earthquake Response

Time	Activity	Persons Responsible
9:00 AM – 9:30 AM	Preliminaries -Nationalistic Anthem -Prayer for Educators -Caraga March -DepEd Quality Policy	AVP
9:30 AM – 9:45 AM	Acknowledgment of Participants	CHARLESTONE A. OTAZA Technical Assistant II
10:00 AM – 10:30 AM	Welcome Message	EDMUND D. MENDOZA, PhD Chief, ESSD
10:30 AM – 10:45 AM	Statement of Purpose	JUMER C. CARLON, MD Medical Officer IV
10:45 AM – 11:30 AM	Regional Presentation on Consolidated Psychosocial Support Services (PSS) Report	CHARLESTONE A. OTAZA Technical Assistant II LEAH ELLEN V. YAOYAO Technical Assistant I
1:00 PM – 3:00 PM	Presentation on Psychosocial Support Services (PSS) Report of the 12 SDOs	12 Division School Mental Health Coordinators
3:00 PM – 4:00 PM	Action Planning	
4:00 PM – 4:30 PM	Open Forum & Feedbacking	
4:30 PM – 5:00 PM	Ways Forward	
5:00 PM Onwards	End	

(Enclosure No. 2 to Regional Memorandum No. 1113 , s. 2025)

2. Template of the Psychosocial Support Services/Activities Documentation Report

PSYCHOSOCIAL SUPPORT SERVICES/ACTIVITIES DOCUMENTATION REPORT

Department of Education Caraga Region, [OFFICE]
[DIVISION]

[UNIT/PROGRAM]

[Reporting Period]

Activity Documentation Report Contents

Part I	Background Information A. Rationale of the Program/Activity B. Objectives of the Activity C. Expected Outcome and Results D. Summary Profile of Participants
Part II	Highlights of the Activity A. Summary of SDO Compliance Reports B. Issues, Challenges and Gaps C. Recommendations D. Synthesis/Conclusion
Part III	Annexes A. MOVs/Documentations

A. Rationale of the Program/Activity

[Insert text here.]

B. Objectives of the Activity

[Insert text here.]

C. Expected Outcome and Results

At the end of the activity, it is expected that:

[Insert text here.]

D. Summary Profile of Participants

The participants of the Psychosocial Support Services and Activities conducted in the Schools Division Offices of DepEd Caraga consist of members of the school community who were directly or indirectly affected by the October 10, 2025 earthquake in Mindanao. They include:

- **Learners** from nursery to secondary level who experienced varying degrees of emotional distress, fear, and disruption in their daily routines due to the earthquake.
- **Teachers** who were both responders and survivors, tasked with providing continuity of learning while coping with their own emotional and physical challenges.
- **Non-teaching personnel** who contributed to school recovery operations and required psychosocial support to manage stress and restore normal functioning.
- **School heads and guidance personnel** who facilitated the psychosocial sessions and provided supervision, coordination, and follow-up support to affected individuals.
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Highlights of the Activity

A. Summary of SDO Compliance Reports as of [Reporting Period]

District	Name of School	School ID	No. of Learners Provided with Psychosocial Support	No. of Teachers/Personnel Provided with Psychosocial Support		TOTAL	Date of Conduct	Venue	Type of Psychosocial Activities Conducted (e.g., play therapy, debriefing, stress management)
				Teaching Personnel	Non-teaching Personnel				

Facilitating Team/Personnel (e.g., Division DRRM Team, Guidance Counselors, etc.)	Remarks/Issues and Concerns	Proposed Action/Recommendations	Responsible Office/Person	Timeline

[Insert text here.]

B. Issues, Challenges and Gaps

[Insert text here.]

C. Recommendations

[Insert text here.]

D. Synthesis and Conclusion

[Insert text here.]

Annexes

A. MOVs/Documentations

[Insert text and images here.]

Prepared by:

Noted by:

Signature over Printed Name

Signature over Printed Name

Approved by:

Signature over Printed Name

(Enclosure No. 3 to Regional Memorandum No. , s. 2025)

3. Template of the Report on Psychosocial Activity Conducted to Schools (Post-Earthquake Response – Mindanao)

District	Name of School	School ID	No. of Learners Provided with Psychosocial Support	No. of Teachers/Personnel Provided with Psychosocial Support		TOTAL	Date of Conduct	Venue	Type of Psychosocial Activities Conducted (e.g., play therapy, debriefing, stress management)
				Teaching Personnel	Non-teaching Personnel				

Facilitating Team/Personnel (e.g., Division DRRM Team, Guidance Counselors, etc.)	Remarks/Issues and Concerns	Proposed Action/Recommendations	Responsible Office/Person	Timeline