



Republic of the Philippines
Department of Education
CARAGA REGION

DEPARTMENT OF EDUCATION
RECORDS UNIT, REGIONAL OFFICE CARAGA
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REGIONAL MEMORANDUM

OCT 07 2025

No. 1064, s. 2025

To: Schools Division Superintendents
All Others Concerned

PARTICIPATION IN THE TRAINING OF FACILITATORS ON COMMUNITY-BASED
MENTAL HEALTH PROGRAM

1. In reference to the Memorandum dated August 27, 2025, issued by the Office of the Undersecretary for Governance and Operations, the **Training of Facilitators on Community-Based Mental Health Program** will be conducted on October 15-17, 2025 in General Santos City.

2. This activity aims to strengthen the capacity of School Mental Health Program Coordinators in implementing community-based interventions, promote mental health awareness, and enhance the delivery of psychosocial support services at the school and community levels.

3. In this regard, all schools division offices are requested to send their respective School Mental Health Program Coordinators to participate in the training. Participants shall register through the given link:
<https://forms.office.com/r/Gxt8EWNNHN>

4. If the identified personnel are unable to attend, the concerned division offices are advised to designate alternate participants to ensure full representation.

5. Listed below are the identified division trainers/facilitators who will assist in the delivery of learning.

Division/Office	Name of Personnel	Position
Agusan del Norte	Desiree T. Silmaro	Nurse II
Agusan del Norte	Gil G. Ducena	Registered Guidance Counselor

5. Travel and incidental expenses will be charged to the Program Support Funds (PSF) for the School Mental Health Program, PSF, MOOE, local funds, or other available sources, subject to government accounting and auditing rules.

6. See attached memorandum for reference.



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7. Immediate wide dissemination of this memorandum is desired.

MARIA INES C. ASUNCION

Director IV
Regional Director

Encl.: None

Reference: OUGOPS Memorandum 08-05237

To be indicated in the Perpetual Index
under the following subjects:

TRAINING PROGRAMS WORKSHOPS

ESSD/cao

10/06/2025



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Republika ng Pilipinas
Department of Education

OFFICE OF THE UNDERSECRETARY FOR GOVERNANCE AND OPERATIONS

MEMORANDUM
OM-OUGOPS-2025-08-05237

FOR : **REGIONAL DIRECTORS**
REGIONS VI, VII, VIII, IX, X, XI, CARAGA
BARMM EDUCATION MINISTER

FROM : **MALCOLM S. GARMAG** 
Undersecretary for Governance and Operations 

SUBJECT : **TRAINING OF FACILITATORS ON COMMUNITY-BASED MENTAL HEALTH PROGRAM**

DATE : August 27, 2025

The Department of Education (DepEd) is committed to promoting and protecting the mental health and well-being of learners by fulfilling its mandates under R.A 11036 or the Mental Health Act and R.A 12080 or the Basic Education Mental Health and Wellbeing Promotion Act. Pursuant to the said mandates, the Bureau of Learner Support Services – School Health Division (BLSS-SHD) established the **School-Based Mental Health Program (SMHP)** which aims, among others, to strengthen the effective delivery of mental health services.

Thus, DepEd Region XII is set to conduct a **Training of Facilitators on Community-Based Mental Health Program**. This initiative aims to equip field personnel with the necessary competencies and skills in psychosocial intervention and community-based mental health.

This program is strategically designed to ensure proactive and effective interventions in both school and community settings, focusing on building competencies in direct support provision and establishing efficient referral pathways. School Health personnel will be trained as a facilitator in providing adequate psychosocial support for learners and individuals in need in their respective communities.

This activity will be rolled out for the **VisMin Cluster on October 15-17, 2025, in General Santos City**. Attached are the following for your reference: List of Participants (Annex A), and Indicative Program (Annex B).

In this regard, this Office requests to:

1. Identify **participant/s per SDO**, as indicated in Annex A, to attend the said training, priority are the SMHP Coordinators; and
2. Advise the identified participant/s to register through the link: **<https://forms.office.com/r/Gxt8EWNNHN>** on or before **September 12, 2025**.

Participants are required to attend all days of the training. Transportation expenses shall be charged to the downloaded LSP PSF for SMHP of the respective Regional Offices, subject to the usual accounting, budgeting, and auditing rules and regulations.

For questions and further clarifications, please contact BLSS-School Health Division on telephone number **(02) 8632-9935** or via email at **blss.shd@deped.gov.ph**.

Annex A

LIST OF PARTICIPANTS

Training of Facilitators on Community-Based Mental Health Program

VisMin Cluster

October 15-17, 2025

General Santos City

	REGION/OFFICE	NO. OF PAX	REMARKS
Participants	Region XII	18	2 per SDO; 2 from RO
	Region VI	21	1 participant per SDO, priority are the SMHP Coordinator
	Region VII	20	
	Region VIII	13	
	Region IX	8	
	Region X	14	
	Region XI	11	
	CARAGA	12	
	BARMM	11	
	Central Office	1	
Program Management Team	Central Office	4	
	Region/SDO	6	
Resource Persons	RenewHealth	3	
Coaches	Various Regions	19	
TOTAL		161	

**COMMUNITY-BASED MENTAL HEALTH - KATATAGAN PLUS
FACILITATOR'S TRAINING
October 14-17, 2025
General Santos City**

SCHEDULE OF ACTIVITIES

Date / Time	Activity	Person Responsible
Day 0 October 14, 2025		
9:00 AM – 12:00 PM	Arrival of PMT (DepEd Central, Host Region), Coaches and RPs from RenewHealth	Program Management Team (PMT)
12:00 PM – 1:00 PM	Lunch	-
1:00 PM – 5:00 PM	Preparatory work and refresher for Coaches	RenewHealth
Day 1 October 15, 2025		
7:30 AM – 9:00 AM	Arrival of Participants Registration	Program Management Team (PMT)
9:00 AM – 9:30 AM	Opening Program • Preliminaries • Welcome Remarks • Introduction to the training • Presentation of Indicative Program of Activities • Leveling of Expectations	Program Management Team (PMT)
9:30 AM – 10:30 AM	DEPED (SMHP, MHRM, LHAS)	DepEd CO
10:30 AM – 10:45 AM	Health Break	-
10:45 AM – 11:30 PM	DEPED (SMHP, MHRM, LHAS)	DepEd CO
11:30 AM – 12:00 PM	Mental Health Literacy and Prevalence-Belief, Knowledge and Explanations	Coaches
12:00 PM – 1:00 PM	Lunch Break	-
1:00 PM – 1:30 PM	Understanding Mental Health & Disorders- Anxiety, Depression and Substance Abuse	Coaches
1:30 PM – 2:00 PM	Understanding Suicide - CSSRS	Coaches
2:00 PM – 3:00 PM	Mental Health First Aid - ALGEE	Coaches
3:00 PM – 3:15 PM	Heath Break	-
3:15 PM – 4:15 PM	MHFA Simulation – Role Playing	Coaches
4:15 PM – 5:00 PM	DEPED (SMHP, MHRM, LHAS)	DepEd CO
Day 2 October 16, 2025		
8:00 AM – 8:30 AM	Management of Learning • Leveling of Expectations • Program Objectives	Program Management Team (PMT)

	• Program Matrix • Session Norms	
8:30 AM – 9:00 AM	Introduction to Katatagan Plus-Program overview Presentation of Pilot Data	RenewHealth
9:00 AM – 10:00 AM	Katatagan Plus Module 1 - Simulation	Coaches
10:00 AM – 10:15 AM	Health Break	-
10:15 AM – 11:15 AM	Simulations of Module 2	Coaches
11:15 AM – 12:00 PM	Simulations of Module 3	Coaches
12:00 PM – 1:00 PM	Lunch Break	-
1:00 PM – 2:00 PM	Simulations of Module 4	Coaches
2:00 PM – 3:00 PM	Simulations of Module 5	Coaches
3:00 PM – 3:15 PM	Health Break	-
3:15 PM – 4:15 PM	Simulations of Module 6	Coaches
4:15 PM – 5:15 PM	Simulations of Module 7	Coaches
5:15 PM – 6:15 PM	Simulations of Module 8	Coaches
Day 3		
October 17, 2025		
8:00 AM – 8:30 AM	Management of Learning • Leveling of Expectations • Program Objectives • Program Matrix • Session Norms	Program Management Team (PMT)
8:30 AM – 10:00 AM	Integration of Learnings - Katatagan Plus	Program Management Team (PMT)
10:00 AM – 10:30 AM	Self-Care	-
10:30 AM – 11:30 AM	Post Test/Evaluation	Program Management Team (PMT)
11:30 AM – 12:00 PM	Action Planning	Program Management Team (PMT)
12:00 PM	Closing Lunch/Recession	-