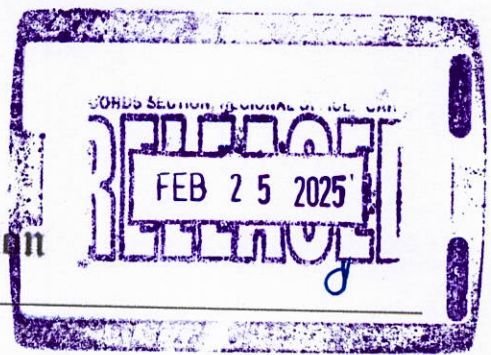




Republic of the Philippines
Department of Education
CARAGA REGION



REGIONAL MEMORANDUM

No. **0198**, s. 2025

FEB 25 2025

To: Schools Division Superintendents
All Others Concerned

DENGUE PREVENTION AND CONTROL MEASURES IN SCHOOLS

1. With the increasing number of dengue cases and the declaration of local outbreaks by several local authorities, the Bureau of Learner Support Services – School Health Division (BLSS-SHD) issued DepEd Memorandum OUOPS-2025-08-0192, *Advisory of Dengue Prevention and Control Measures in Schools*.
2. To ensure the health and safety of our learners and school personnel, preventive and response measures as outlined in the aforementioned Memorandum must be strictly observed and followed.
3. Furthermore, the Department of Health- Center for Health Development (DOH-CHD) Caraga, encourages schools to strengthen dengue prevention initiatives specifically through information dissemination on the 4S Kontra Dengue Strategy. Educational materials on dengue prevention can be accessed through <https://bit.ly/HL25-DENGUE-ROXIII>.
4. Attached is a copy of DM OUOPS-2025-08-0192 for your reference.
5. For your information and dissemination.

MARIA INES C. ASUNCION
Director IV
Regional Director

Encl.: As stated
Reference: As stated
To be indicated in the Perpetual Index
under the following subjects:

HEALTH EDUCATION

ESSD/jcc
02/24/2025



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Doc. Ref. Code	RO-ASD-F107	Rev	00
Effectivity	02.01.23	Page	1 of 1





Republic of the Philippines
Department of Health
CENTER FOR HEALTH DEVELOPMENT - CARAGA



February 20, 2025

MARIA INES C. ASUNCION, PhD, CESO IV
Regional Director
Department of Education- Caraga

DOH CHD CARAGA RECORDS SECTION	
RECEIVED BY: <i>[Signature]</i>	RELEASED BY: <i>[Signature]</i>
DATE: FEB 20 2025 TIME: 1:47	DATE: FEB 20 2025 TIME: 2:41 pm

Dear **Director Asuncion**,

Healthy Greetings!

The Department of Health – Center for Health Development (DOH-CHD) Caraga has observed a concerning rise in dengue cases. Given the potential health risks to our learners, teachers, and school personnel, we recognize the vital role that schools play in raising awareness and fostering preventive practices.

In this regard, we sincerely encourage efforts to strengthen dengue prevention initiatives within schools, specifically the information dissemination on the 4S Kontra Dengue Strategy, knowing the signs and symptoms of dengue, and the importance of seeking early consultation. Sharing information with students, staff, and stakeholders can make a meaningful difference in protecting our schools and communities as a whole. To support these efforts, we have prepared educational materials for your ready reference: <https://bit.ly/HL25-DENGUE-ROXIII>

Your leadership and commitment to public health are invaluable in this shared endeavor. By working together, we can help curb the spread of dengue and ensure a safer, healthier environment for all.

For more information or clarifications, kindly contact the CHD-HPU through Ms. Phoebe Rhanie Demata-Buque at 09509356895 or Mr. Necson M. Gamotin at 09171355008.

Thank you for your continuous support and partnership.

Very truly yours,

CESAR C. CASSION, MD, MPH, CESO III
Director IV

By the authority of the Regional Director:

[Signature]
SANDRIA C. YU, MD, MPH, MPM
Medical Officer V – LHSD Chief



Republika ng Pilipinas
Department of Education

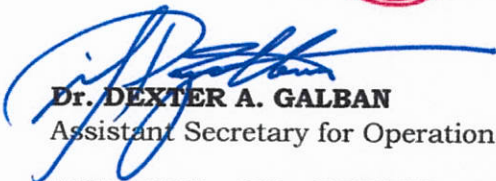
OFFICE OF THE UNDERSECRETARY FOR OPERATIONS

MEMORANDUM

DM-OUOPS-2025-08-0192

FOR : **REGIONAL DIRECTORS
SCHOOLS DIVISION SUPERINTENDENTS
PRINCIPALS/SCHOOL HEADS/TEACHERS-IN-CHARGE
CONCERNED
ALL OTHER CONCERNED**

FROM : **MALCOLM S. GARMA**
Assistant Secretary, Officer-in-Charge,
Office of the Undersecretary for Operations


Dr. DEXTER A. GALBAN
Assistant Secretary for Operations

SUBJECT : **ADVISORY ON DENGUE PREVENTION AND CONTROL
MEASURES IN SCHOOLS**

DATE : February 18, 2025

In light of the alarming rise in dengue cases and the declaration of local outbreaks by several local government units, the Department of Education (DepEd), through the Bureau of Learner Support Services-School Health Division (BLSS-SHD) hereby issues this Advisory on the Prevention of Dengue Fever.

Dengue fever is a mosquito-borne viral disease that poses a significant health risk. It is transmitted to humans through the bite of infected *Aedes* mosquitoes, primarily *Aedes aegypti* and *Aedes albopictus*. Common symptoms include high fever, severe headaches, joint and muscle pain, nausea, and rash. In severe cases, it can lead to life-threatening complications such as Dengue Hemorrhagic Fever (DHF) and Dengue Shock Syndrome (DSS)¹.

To ensure the health and safety of our learners and school personnel, the following measures must be observed and followed:

DENGUE PREVENTION AND RESPONSE MEASURES IN SCHOOLS

To effectively prevent and control cases of dengue fever, all schools are urged follow the *5S Strategy* of the Department of Health, outlined as follows:

1. World Health Organization (2024). Dengue and severe dengue.



Room 101, Rizal Building, DepEd Complex, Meralco Avenue, Pasig City 1600
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Doc. Ref. Code	DM-OUOPS	Rev	01
Effectivity	03.23.23	Page	1 of 3



1. Search and Destroy Mosquito Breeding Sites

- a. Conduct weekly clean-up drives in classrooms, restrooms, and school grounds;
- b. Remove stagnant water from plant saucers, old tires, roof gutters, and other water-collecting items;
- c. Properly cover water storage containers and dispose of waste properly;
- d. Regularly inspect school premises for potential mosquito breeding sites.

2. Self-Protection Measures

- a. Encourage learners and school personnel/staff to
 - i. Wear long-sleeved shirts, long pants, and socks to minimize mosquito bites;
 - ii. Apply DOH-approved mosquito repellents, when necessary;
 - iii. Maintain well-ventilated classrooms and install screens on windows and doors if possible.

3. Seek Early Consultation

- a. Parents and teachers should be vigilant in recognizing/identifying early signs and symptoms of dengue, which include, amongst others:
 - i. High-grade fever (39 degrees Celsius or higher) lasting at least 2 days, or possibly recurring over a 7 day period;
 - ii. Severe headache, dizziness, or unusual tiredness;
 - iii. Pain behind the eyes;
 - iv. Body aches, joint or muscle pain;
 - v. Skin rash;
 - vi. Nausea, vomiting, or loss of appetite.

If a learner has a high fever and any of these symptoms, they should be referred to a health facility immediately.

- b. Watch for danger signs requiring urgent medical attention:
 - i. Severe stomach pain;
 - ii. Persistent vomiting;
 - iii. Unusual bleeding (nosebleeds, gum bleeding, bruising);
 - iv. Extreme drowsiness, irritability, or difficulty breathing;
 - v. Cold, clammy skin or fainting.

If any of these signs appear, the learner must be rushed to a hospital without delay.

4. Support Fogging As a Last Resort or Only in Outbreak Situations

- a. Schools should coordinate with their Barangay Health Workers and Local Health Offices to assess the necessity of fogging.
- b. Fogging should only be conducted in areas where a dengue outbreak has been officially declared

5. Sustain Hydration

- a. Schools are encouraged to provide safe and accessible drinking water via hydration stations and other appropriate means



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Doc. Ref. Code	DM-OUOPS	Rev	01
Effectivity	03.23.23	Page	2 of 3



- b. Learners and school personnel are encouraged to increase their fluid intake, particularly if experiencing symptoms such as fever, vomiting, or diarrhea, to prevent dehydration

COORDINATION WITH LGUS AND HEALTH AGENCIES

1. Schools are urged to closely coordinate with their respective Barangay Health Workers, Rural Health Units, and Local Government Units in monitoring and/or reporting dengue cases to ensure timely response at the community level.
2. Schools must stay informed on any issuances, advisories, and guidelines provided by the Department of Health, updating protocols and practices as necessary to align with the latest public health recommendations.
3. Schools must coordinate with DOH-accredited Dengue Centers of Excellence, as mandated by DOH Administrative Order No. 2021-0009, to ensure proper referral and treatment of severe dengue cases.
4. Schools are strongly encouraged to partner with their respective LGUs in implementing community-based dengue prevention initiatives.

MONITORING AND COMPLIANCE

1. All Regional and Schools Division Offices shall ensure strict and consistent implementation of dengue prevention measures across all schools in their respective jurisdictions
2. Principals/School heads are required to:
 - a. Organize and conduct regular dengue prevention activities and submit reports to their respective Schools Division Office, following existing guidelines
 - b. Monitor absenteeism trends as early indicators of potential dengue outbreaks
 - c. Immediately report suspected dengue cases to the nearest health facility

For wide dissemination & strict compliance.