



Republic of the Philippines
Department of Education
CARAGA REGION

JAN 14 2025

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REGIONAL MEMORANDUM

No. 0034 , s. 2025

To: Schools Division Superintendents
All Others Concerned

ANNUAL PHYSICAL EXAMINATION OF ALL DEPED EMPLOYEES

1. Pursuant with DepEd Memorandum 22, s. 2015, entitled Annual Physical Examination of DepEd Employees (Teaching and Non-Teaching personnel) and pursuant to RA 11223, also known as, Universal Health Care Act, along with its Implementing Rules and Regulations, **all teaching and non-teaching personnel are required to undergo an Annual Physical Examination**. This medical examination aims to ensure the health and well-being of all employees, recognizing that physical condition significantly impacts quality of service delivery.
2. The following are the required diagnostic tests:
 - a. Chest Xray PA view – not required for pregnant women
 - b. Complete Blood Count
 - c. Urinalysis
3. For personnel with existing comorbidities (e.g. hypertension, diabetes mellitus, chronic kidney diseases, cardiovascular diseases, etc.) additional laboratory tests may be recommended by the Medical Officer or their attending physician, as deemed necessary.
4. An oral examination will also be conducted by the Division Dentist or any government/private dentists. School Health Division (SHD) Form 4-A must be signed by the examining dentist before obtaining the signature of the Medical Officer or any government/private physician.
5. Consolidated reports on the Annual Health Examination must be submitted via email to caragaessd.hnu@deped.gov.ph on or before April 30, 2025.
6. For your information, guidance and compliance.

MARIA INES C. ASUNCION
Regional Director

Encl.: None

Reference: DM 22, s. 2015

To be indicated in the Perpetual Index
under the following subjects:

EMPLOYEES EXAMINATION

ESSD/jcc
01/13/2025



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2025-01-00648

Doc. Ref. Code	RO-ASD-F107	Rev	00
Effectivity	02.01.23	Page	1 of 1

